Application FAQs

What do I need to know to APPLY?

ACADEMIC REQUIREMENTS
- Bachelor’s degree
- Grade requirements: minimum B+ overall average in the last 20 completed courses of study

ADDITIONAL REQUIREMENTS
- If English is not a native language, prospective students must meet the English language proficiency requirements outlined in writing, speaking, reading, and listening. The School of Graduate Studies requires the following minimum scores: TOEFL (paper-based): 550, TOEFL iBT: Writing 20/30; Speaking 22/30; Reading 22/30; Listening 20/30, for a total of 88/120 (applicants must have the minimum score in each test as well as the minimum overall score), or (3) IELTS: 7.0 (academic module overall band score), or (4) PTE Academic: 65.

KEY DATES & DEADLINES
- Application due: March 1st to qualify for internal funding. Applications will be considered until the program is full.
- Notification of acceptance: Successful candidates will be notified by letter of offer from their potential supervisor via email.

Before you start your application, please review the Graduate studies application process.

What about FUNDING?

Master’s students in Kinesiology and Health Studies are not guaranteed a minimum funding, though in recent years all of our students have received at least $12,000 per year in funding. Internal funding sources consist of fellowship awards, graduate scholarships, teaching assistantships, and research assistantships.

Apply for external funding from OGS, Tri-Council funding, and other sources. Queen’s will automatically issue a $5,000 top-up to Masters winners of federal government tri-council scholarships. Apply for external funding from OGS, Tri-Council funding, and other sources. Queen’s will automatically issue a $5,000 top-up to Masters winners of federal government tri-council scholarships.

Why GRADUATE STUDIES in KINESIOLOGY & HEALTH STUDIES?

The Kinesiology and Health Studies programs offer you the opportunity to study health, physical activity, sport, and the body from a range of perspectives. Students may study the mechanics of movement; the body’s physiological responses to exercise; physical activity at a population level; the promotion of health, wellbeing, and social justice among communities; the psychology of sport and physical activity; the effects of biological factors on individual health; and the effects of socio-cultural factors on individual, community, and population health.

Why QUEEN’S?

“It’s a very rich learning environment. As a student, I’ve really appreciated the chance to be surrounded by people who are studying different, but related things. It really broadens my horizons.”

- Caitlin Mason, PhD

Our students have the opportunity to collaborate with internationally recognized researchers on existing, multi-disciplinary research projects in state-of-the-art facilities in our own, stand-alone building completed in 2009.

Available PROGRAMS

MSc
- Biomechanics and Ergonomics
- Exercise Physiology
- Health Promotion
- Physical Activity Epidemiology
- Psychology of Sport and Physical Activity

MA
- Socio-Cultural Studies of Sport, Health and the Body

We encourage you to identify an area of research interest and contact a potential supervisor before applying.

Visit the School of Kinesiology & Health Studies website to find faculty profiles and learn more about faculty members’ research areas. When you find a faculty member with similar research interests to yours, contact him/her and tell them about your interest in graduate work and related experience.
**Kinesiology & Health Studies MA & MSc MAP**

**GETTING STARTED**

- Start with key priorities like developing your relationship with your supervisor, doing your coursework, and forming your thesis committee.
- Complete your coursework, begin to research and write your thesis.
- Complete your thesis.

**INTERMEDIATE STAGE**

- Start keeping an eportfolio of your skills, experiences and competencies.
- Attend a conference such as the Macintosh Conference, or the Horwood Conference.
- Attend at least 80% of the SHS Graduate Seminar Series.
- Participate in the 3 Minute Thesis (3MT) competition.
- Expand your research audience through social media such as Twitter or a blog.
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- Expand your research audience through social media such as Twitter or a blog.

**WRAPPING UP**

- Do some targeted networking with people working in careers of interest, through Queen’s Connects on LinkedIn, the Queen’s Alumni Association, professional associations, and at conferences. Get help from a Career Services workshop.
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- Participate in hiring committees and attend job talks. Start focusing on areas of interest. Research organizations of interest and start putting together your CV or resume for potential positions of interest. Get help from Career Services with job searching, resumes, or interviews.
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**WHAT WILL I LEARN?**

A graduate degree in Kinesiology and Health Studies can equip you with valuable and versatile skills, such as:

- Knowledge and technical skills
- Effective communication skills in multiple forms for diverse audiences
- Information management: prioritize, organize and synthesize large amounts of information
- Time management: Meet deadlines and manage responsibilities despite competing demands
- Project management: develop ideas, gather information, analyze, critically appraise findings, draw and act on conclusions
- Creativity and innovation
- Perseverance
- Independence and experience as a collaborative worker
- Awareness, an understanding of sound ethical practices, social responsibility, responsible research and cultural sensitivity
- Professionalism in all aspects of work, research, and interactions
- Leadership: initiative and vision leading people and discussion

**WHERE CAN I GO?**

Master’s degree in Kinesiology and Health Studies can take your career in many directions. Many of your students choose to continue their academic inquiry with a PhD. Our Master’s students are equipped with a strong foundation for careers in:

- Educational institutions/faculty positions
- Government agencies working on public health policy
- Sports media and public relations
- Health related fields
- Research assistant
- Community health agencies
- Health industry consultants
- Workplace ergonomics
- Taking time to explore career options, build experience, and network can help you have a smooth transition to the world of work after graduation.

Visit careers.queensu.ca/gradmaps for the online version with links!