Get to know

NURSING

There’s never been a more exciting time to consider a Bachelor of Nursing Science degree! Nurses are among the most in-demand professionals in the health care environment. Along with enjoying a high degree of respect and trust from the public, students who graduate with a B.N.Sc. degree from Queen’s enjoy a high employment rate doing what they have always done – caring for people and helping people care for themselves. The Queen’s Bachelor of Nursing Science degree is a four-year degree program that prepares you to become a proficient practitioner in health care, and also builds a foundation for graduate study. The program provides a science foundation in year one, and then students continue to acquire and apply the foundational knowledge to care for patients and their families in acute, chronic, and long term care in hospitals, clinics and the community. Students may choose to complete their elective courses at Herstmonceux Castle during one spring session while others complete them during the academic year.

Degree OPTIONS

Bachelor of Nursing Science

Queen’s ADMISSIONS

Students apply to Queen’s Nursing (QN) through the OUAC (Ontario University Application Centre) website. Secondary School prerequisites include English 4U, Biology 4U, Chemistry 4U, and a 4U mathematics course. Two additional U or M level courses are also required. A minimum grade of 75% is necessary in English 4U. Applicants outside of Ontario may have additional requirements.

Be part of a tradition of Nursing excellence that reaches back 75 years!!

Course HIGHLIGHTS

The School of Nursing emphasizes an interprofessional approach to education. Nursing students will have the chance to work and interact with students and professionals across the range of health professions.

All Queen’s Nursing students receive instruction and practicums in the following areas:

• Community Health Promotion
• Management & Leadership in Health Care
• Complex Psycho-Social and Mental Health Issues and Advanced Therapeutic Processes
• Maternal and Child Family Centered Nursing Care

Students may apply for a final practicum anywhere in Canada.

That is a degree from Queen’s.

nursing.queensu.ca
Nursing MAJOR MAP

2015 - 2016

1ST YEAR

GET THE COURSES YOU NEED

First year courses will cover many of the fundamentals of this professional program. We will register you in all of your required courses. You do not need electives in first year.

GET RELEVANT EXPERIENCE

Join teams or clubs on campus. See the AMS Clubs Directory and the Co-Curricular Opportunities Directory for ideas.

Volunteer with the Nursing Science Society. Apply to be an orientation leader if interested. Participate in inter-professional activities such as OIPEP.

GET CONNECTED WITH THE COMMUNITY

Volunteer on or off-campus with different community organizations, such as local charities.

GET THINKING GLOBALLY

The Queen’s University International Centre is your first stop to learn how to internationalize your degree or to leverage your existing cross-cultural experience.

Speak to a QUIC advisor or get involved in their programs, events and training opportunities.

GET READY FOR LIFE AFTER GRADUATION

Questions about the program? Contact the Nursing Academic Advisor at nursing@queensu.ca

Start working on your professional portfolio (introduced in NURS 101).

1ST YEAR

1ST YEAR

2ND YEAR

GET THE COURSES YOU NEED

Second year continues to cover the fundamentals of nursing. Clinical placements start in second year. We will register you into your core courses.

GET RELEVANT EXPERIENCE

Look into summer jobs by talking to the dept. or Career Services about work through SWIF or Work Study.

Take leadership roles within different clubs or extracurriculars. Apply to be a Student Wellness Services Volunteer. Explore volunteer opportunities at healthcare agencies.

SECOND YEAR

GET CONNECTED WITH THE COMMUNITY

Join professional associations such as the Registered Nurses’ Association of Ontario, Canadian Nurses Association and the Canadian Nursing Students’ Association

Volunteer with the local RNAO. Attend nursing talks or conferences in your community such as the Queen’s Nursing Student Conference.

GET THINKING GLOBALLY

Consider taking spring electives at a Medieval castle owned by Queen’s in Herstmonceux, UK. Courses at the castle – named the Rader International Study Centre – are available to upper year students throughout May and June.

GET READY FOR LIFE AFTER GRADUATION

Explore different careers of interest by reading books in the Career Services Career Advising and Resource Area, such as 101 Careers in Nursing. For more information check out Career Cruising or by finding and connecting with alumni on LinkedIn.

Attend Career Fairs organized by the Nursing Science Society.

2ND YEAR

2ND YEAR

3RD YEAR

GET THE COURSES YOU NEED

You will be preregistered into your clinical placements and associated theory courses. There is room for 3 electives (3.0 credit units each) in this year.

GET RELEVANT EXPERIENCE

Apply to be a research assistant for a faculty member at the School of Nursing.

Send letter of interest to Nurs.apply.jobs@queensu.ca

Apply for summer positions with health agencies.

3RD YEAR

GET CONNECTED WITH THE COMMUNITY

Attend nursing talks or conferences in your community such as the Queen’s Nursing Student Conference.

Attend RNAO or CNSA conferences.

GET THINKING GLOBALLY

Build your intercultural competence by getting involved with other cultures or by practicing or improving your language skills. Check QUIC’s resources for ideas to go abroad, and volunteer or attend one of their events.

GET READY FOR LIFE AFTER GRADUATION

Talk to professors at the School of Nursing about career and graduate school options. For more information, please contact the Grad Coordinator at the School of Nursing at nursing@queensu.ca.

Work on your curriculum vitae. Attend a workshop organized by NISS.

3RD YEAR

3RD YEAR

FINAL YEAR

GET THE COURSES YOU NEED

We will register you into all of your Fall term courses. There is room for your final elective in Fall term. In Winter term you can apply to take your final clinical placement (anywhere in Canada). You also take an on-line course.

FINAL YEAR

GET RELEVANT EXPERIENCE

Attend relevant conferences such as the Kingston Nursing Research Conference.

Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you’re lacking and fill in gaps with volunteering, or clubs – check out the Career Services skills workshop for help.

FINAL YEAR

GET CONNECTED WITH THE COMMUNITY

Become active in professional associations such as the Registered Nurses’ Association of Ontario.

Join groups on LinkedIn reflecting specific careers or topics of interest in Nursing.

GET THINKING GLOBALLY

Prepare for work or studies in a multi-cultural environment by taking QUIC’s Intercultural Competency Certificate, and research possible immigration regulations.

International students interested in staying in Canada can speak with an International Student Advisor.

GET READY FOR LIFE AFTER GRADUATION

Apply to jobs or future education, or make plans for other adventures. Get help from Career Services with job searching, resumes, interviews, grad school applications, or other decisions.

Speak to professors about being a refer for you. Supply them with your CV.

FINAL YEAR

Visit careers.queensu.ca/majormaps.html for the online version with links!

Caution: *This map is meant as a guide to provide suggestions throughout your university career. The activities, resources, and careers mentioned are possibilities – you are not restricted to them and you don’t have to follow this exact timeline. Every person (including you!) will find their own unique path through their degree at Queen’s and beyond.

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*Some careers may require additional training.

Where could I go after graduation?

Direct care/clinical nurse in:
- Acute care setting
- Community setting
- Complex Continuing Care
- Home Care Nursing
- Long-term care setting
- Public Health
- Counselling
- Mental health care

Health administration
Health policy
Health promotion
Non-governmental organizations
Nutrition
Occupational health and safety
Research nursing
Nursing
MAJOR MAP

How to use this map
• Got questions about careers and classes?
• Feeling a little lost or overwhelmed by choices?
• Wondering what you are “supposed” to be doing?

Use this map to plan for success in five overlapping areas of career and academic life. Each map helps you explore possibilities, set goals and track your accomplishments. To make your own custom map, use the My Major Map tool.

Don’t stress if you haven’t done all of the suggested activities. The map is not a prescription – it’s a tool for finding your own way at Queen’s.

Getting what you need to succeed in the workplace

WHAT DO EMPLOYERS WANT?
In a recent survey from the Canadian Council of Chief Executives the top 6 skills sought by employers were:
1 People skills
2 Communication skills
3 Problem-solving skills
4 Analytical abilities
5 Leadership skills
6 Industry-specific knowledge

HOW DO I GET THE SKILLS I NEED?
It is important to develop a balanced skill set – many of which you will develop during your studies. To stand out, take advantage of experiential learning through the multitude of clubs and activities in and around Queen’s. Check out the Get Relevant Experience section of this map.

WHAT CAN I LEARN STUDYING NURSING AT QUEEN’S?
• Application of evidenced-based nursing interventions
• Understanding of ethical practices
• Specialized knowledge of the biological, social and psychological factors involved in health
• Experiential learning - all students will gain experience throughout all four years of the program
• Problem solving – analyze the components of complex health problems and identify appropriate courses of action
• Decision making – consider different sides of an issue and make decisions based on current information
• Ability to interact professionally with patients, families and other health care professionals
• Oral and written communication - write reports and give presentations
• Organization and time management

WHAT MAKES ME SPECIAL?
No one will get exactly the same experience as you. Take the time to think about what skills you have developed to be able to best explain them with compelling examples in future applications to employers and further education. For help with this, check out the Career Services skills workshop.