Succeed in the workplace

What employers want

The Canadian Council of Chief Executives list the top 6 skills sought by employers as:
1. People skills
2. Communication skills
3. Problem-solving skills
4. Analytical abilities
5. Leadership skills
6. Industry-specific knowledge

Take the time to think about the unique skills you have developed at Queen’s, starting with the skills list here for ideas. Exploring your strengths with compelling examples will be important for applications to employers and further education. For help, check out the Career Services workshop.

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- Insight to deal effectively with people, show concern for and sensitivity to others
- Critical and inferential thinking to analyze and interpret information

Why study in Kingston?

For over 175 years, the Kingston community has been a collection of bright minds. We are proud that our city was named one of the top Intelligent Communities across the globe, an accolade largely due to the thousands of students who study here every single year. In fact, the BBC has identified Kingston as one of the GREATEST UNIVERSITY TOWNS in the world, which might be why Instagram named the city the happiest place on the planet! Just a quick drive to Toronto, Montreal, Ottawa and even New York, Kingston is a safe and liveable city. Not only are we known as the freshwater sailing capital of the world, Kingston is arguably the birthplace of hockey. Wondering what to do while you’re attending school? Kingston has more clubs per capita than any other university in Canada, and Kingston has more restaurants per capita than any other city in North America; your time here is guaranteed to be ‘fresh made day’.

Get to know PSYCHOLOGY

The Psychology Department is home to 26 labs where faculty members conduct research in Brain, Behaviour and Cognitive Science, as well as Developmental, Social, and Clinical Psychology. Students have the opportunity to work alongside faculty researchers and graduate students, investigating topics such as sexuality, bullying, mood disorders, and infant cognition.

Psychology asks questions such as:
- Do our perceptions equal reality?
- How does stress affect us?
- How do early experiences affect our development?

Our Introductory Psychology course uses an innovative and engaging course design to build strong foundational knowledge in the psychological sciences. In addition to lectures, students are guided through concepts using a combination of reading, and interactive on-line materials. Students also work in small groups of 6 to explore psychological phenomena and test theories. This is truly a student-centered approach.

Degree PLANS

Bachelor of Science (Honours)
Major in Psychology / Specialization in Biology and Psychology
Bachelor of Arts (Honours)
Major / Minor in Psychology

Internship option available
Online Bachelor of Arts (General)

Gaining insight into what makes people think, feel, and behave, Psychology at Queen’s gets students learning through doing with hands-on opportunities and small group learning.

Course HIGHLIGHTS

In PSYC 361, The Neurobiology and Psychology of Sleep, students discuss current research in the area of sleep physiology and associated disorders with Dr. Hans Dringenberg. Students spend two full nights in Psychology’s Sleep Laboratory; one as a researcher, the other as a participant. In PSYC 335, Positive Psychology, students learn about how humans prosper in the face of adversity. Through engaging lectures with Dr. Dean Tripp, students explore research concepts, techniques, and exercises related to well-being.

A Year to CHOOSE

We often say that our students are like explorers. In Arts and Science, your first year is all about making choices and exploring new paths. Whether you are in Arts, Science or Computing, you will choose your courses from a wide variety of subjects as you settle into university life and become familiar with new styles of learning. By the end of your first year, you will have discovered your areas of interest, passion and success, and will then declare your major. Your first year, whether you consider it to be undeclared, undecided or simply a time for exploration, is bound to be a year full of adventure.

Queen’s ADMISSION

BA students apply to Queen’s Arts (QA) through the OUAC (Ontario Universities’ Application Centre) website (ouac.on.ca). Secondary School prerequisites include English 4U, Advanced Functions 4U, Calculus and Vectors 4U, plus 2 of Physics 4U, Chemistry 4U or Biology 4U or recognized equivalents. Visit queensu.ca/admission for additional information regarding requirements and admission to Queen’s.

BSc students apply to Queen’s Science (QS) through the OUAC (Ontario Universities’ Application Centre) website (ouac.on.ca). Secondary School prerequisites include English 4U, Advanced Functions 4U, Calculus and Vectors 4U, plus 2 of Physics 4U, Chemistry 4U or Biology 4U or recognized equivalents. Visit queensu.ca/admission for additional information regarding requirements and admission to Queen’s.

Get the help you need

Queen’s provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen’s, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming living and learning environment offers the programs and services you need to be successful, both academically and personally, and Queen’s wants you to succeed! Check out the Student Affairs website for available resources.

How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don’t have to do it all! To make your own custom map, use the My Major Map tool.

Get started thinking about the future now – where do you want to go after your degree? Choosing your courses, work opportunities, and a hobby or passion will help you stay motivated for success.

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This map is intended to provide suggestions for potential activities and career paths, but everyone's abilities, experience, and constraints are different. Build your own map using our online Course Mapping Tool.

1ST YEAR
- Bachelor of Science (Honours): Major, Specialization
- Bachelor of Arts (Honours): Major, Medal, Minor
- 2017-2018 Graduation
- Get Ready for Life After Graduation
- Get Thinking Globally
- Get Connected with the Community
- Get Relevant Experience
- Get the Courses You Need
- 2ND YEAR
- Majors take PSYC 301, and PSYC 302 if interested in pursuing the Thesis option in Final Year.
- Need help mapping all of your core, option, and elective courses (including those not listed above) to make sure you will have what you need to complete your degree? Use the Course Mapping Tool on the Arts and Science website.
- 3RD YEAR
- If interested, apply for an Undergraduate Student Summer Research Fellowship (USRFF).
- Consider applying to do a 12-16 month QUIP internship between your third and fourth year. Take a PSYC 570/573 Special Directed Lab course for further research experience. Apply to be a PSYC 100 TA through PSYC 400.
- 4TH OR FINAL YEAR
- Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you're lacking and fill in the gaps – check out the Career Services skills workshops for help.
- Present your PSYC 501 research at Inquiry@Queen's and your Thesis Poster at the Ontario Undergraduate Thesis Conference.
- Where could I go after graduation?
- Advertising
- Basic and applied research
- Business administration and management
- Child and youth care
- Community development
- Conflict resolution and mediation
- Consumer behavior
- Corrections
- Counseling
- Career counseling
- Ergonomics
- Forensic assessment
- Health care administration
- Human resources
- Law
- Marketing
- Media – electronic & print
- Medicine
- Mental health services
- Neuroscience
- Occupational health and safety
- Occupational therapy
- Physical therapy
- Professor
- Program evaluation
- Psychiatry
- Residential care
- Social work
- Speech language pathology
- Teaching
- Some careers may require additional training.

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Visit careers.queensu.ca/majormaps.html for the online version with links!