# Nursing MN (PHCNP) Map

### Applying to and Navigating Graduate Studies

### Why GRADUATE STUDIES in NURSING?

Consider the Master of Nursing (Primary Health Care Nurse Practitioner) program for all it has to offer: well-developed skills in critical thinking, writing and research, advanced knowledge in primary health care, and perhaps more importantly, skills to facilitate change in today's health care system. Graduate students and their work are an important part of an ongoing knowledge creation process that provides the health care system with the necessary tools to understand phenomena using various ways of knowing. Today's job market seeks people with advanced practice skills who can critically analyze information and evidence, synthesize scholarly and public reports, create new knowledge, and lead change and transformation. Study Nursing and you will acquire such skills.

### Why QUEEN'S?

The School of Nursing at Queen's offers a challenging and innovative program to prepare graduates with the knowledge and skills to provide care to individuals and families in primary care settings, conduct small research projects, participate in research teams, and the critical appraisal skills needed for developing the scientific basis for nursing practice. Queen's University School of Nursing collaborates in a consortium of nine Ontario universities to deliver the MN(PHCNP) program. Our students are taught primarily through small in-person graduate seminars, clinical placements, and self-directed online learning, in which they engage in a critical examination of theory and research, and apply their knowledge related to pathophysiology, health assessment, diagnostics, therapeutics, and the nurse practitioner role. Students engage early and continuously in research and clinical practice and successfully complete the program in 2 years. Situated in an academic environment that embodies scholarship, graduates are well prepared for careers as leaders in clinical practice and education.

GRAD MAP FOR M.N. (PHCNP) STUDENTS 😜



### **RESEARCH** Areas

#### Practice environments

- Communication strategies and systems
- Leadership
- Models of care
- Workplace culture, structure, and health

### Populations with complex conditions

- Mental health and/or addictions
- Multimorbidity
- Optimizing function and well-being
- Outcomes monitoring

#### Health care quality

- Advancing safety
- Educational and technological innovations
- Health system service and delivery and more
- Risk assessment and reduction

Visit the <u>School of Nursing website</u> to learn more about the MN (PHCNP) program and its opportunities.

### Program STRUCTURE

**MN (PHCNP)** (2 years, full-time): coursework, clinical placements, integrated practicum, and a project. Upon successfully completing the program, graduates are eligible to apply for the Canadian family/allages nurse practitioner licensure examination. "Our professors are always looking for opportunities for us and getting us involved in different things. I would highly recommend this program to aspiring Nursing students looking for higher education ." – Charlotte Holmgren, MN



# 2023-2024 Nursing MN (PHCNP) Map

MASTER OF NURSING (PRIMARY HEALTH CARE NURSE PRACTITIONER) (MN (PHCNP))

	YEAR 1	YEAR 2
ACHIEVE YOUR ACADEMIC GOALS	<ul> <li>Start with key priorities such as doing your coursework, collaborating with classmates on group assignments, and working with a preceptor in a clinical setting.</li> <li>Consider how your course papers can contribute to your clinical practice.</li> <li>Find your way through the academic process with help from your school and <u>School of Graduate Studies and Postdoctoral Affairs</u> professional development workshops, the Associate Director (Graduate Nursing Programs), and the <u>SGSPA website</u>.</li> </ul>	<ul> <li>Complete your coursework.</li> <li>Consider enrolling in additional electives that may benefit your career go</li> <li>Prepare to write the registration examination with the College of Nurses</li> </ul>
MAXIMIZE RESEARCH IMPACT	<ul> <li>Complete a systematic review on a topic related to primary health care.</li> <li>Attend the Graduate Student Research Day.</li> <li>Attend and participate in graduate seminars such as Academic Series.</li> <li>Complete Course on Research Ethics (CORE).</li> <li>Set up a meeting with the School of Graduate Studies and Postdoctoral Affairs for a <u>Grad Chat</u> to discuss your research interests.</li> </ul>	<ul> <li>Consider publication options for your systematic review.</li> <li>Attend or present at the Graduate Student Research Day, the Annual Scie Health Sciences Research Trainees, or in biweekly Academic Series.</li> <li>Attend a major conference in your field, such as the <u>Nurse Practitioner A Annual Conference</u> or the <u>Kingston Nursing Research Conference</u>.</li> </ul>
MAXIMIZE PRACTICUM & PLACEMENT IMPACT	<ul> <li>Actively participate in your clinical placements.</li> <li>Consider the skills and knowledge that would help you excel in the primary health care nurse practitioner role.</li> <li>Participate in local continuing education opportunities and networking meetings.</li> </ul>	<ul> <li>Actively participate in your clinical placements.</li> <li>Engage in local continuing education opportunities and networking meet</li> </ul>
BUILD SKILLS AND EXPERIENCE	<ul> <li>Serve on school, faculty, or university committees. Talk to the Associate Director (Graduate Nursing Programs) for tips on getting involved.</li> <li>Check out opportunities for extra training through the <u>Centre for Teaching and Learning</u>, <u>School of Graduate Studies and Postdoctoral Affairs professional development</u>, MITACS, or other sources to boost your skills.</li> <li>Use a Research Assistant or Teaching Assistant position to develop your research or teaching skills.</li> </ul>	<ul> <li>Create an ePortfolio of your skills, experiences, and competencies.</li> <li>Practice articulating the skills you have been developing for settings outs such as casual conversation, networking, and interviews. Get help from a workshop.</li> </ul>
ENGAGE WITH YOUR COMMUNITY	<ul> <li>Consider volunteering with different community organizations, or local healthcare organizations and groups.</li> <li>Prepare for work or studies in a multi-cultural environment by taking the Intercultural Awareness <u>Training Certificate</u> hosted by QUIC and FDISC.</li> <li>Consider joining professional associations like the <u>Nurse Practitioner Association of Ontario</u>.</li> </ul>	<ul> <li>Participate in your graduate and professional community through activit student outreach programs, organizing conferences, and research group</li> <li>Do some targeted networking with people working in careers of interest, <u>Connects</u> on LinkedIn, the <u>Queen's Alumni Association</u>, professional association conferences. Check out Career Services' networking workshops.</li> </ul>
LAUNCH YOUR CAREER	<ul> <li>Stay on the lookout for special events like School of Graduate Studies and Postdoctoral Affairs<u>Career Week</u> to explore your career pathways.</li> <li>Check admission test deadlines if needed for further studies.</li> <li>Explore different careers of interest by using <u>Queens Connects</u> on LinkedIn to connect with Queen's alumni.</li> </ul>	<ul> <li>Participate in hiring committees and attend job talks. Start focusing on an research organizations of interest, and start putting together your CV or potential positions of interest. Get help from <u>Career Services</u> with job sea and interviews.</li> </ul>

#### How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don't have to do it all! To make your own custom map, use the <u>My Grad Map</u> tool.



### WHAT WILL I LEARN?

A graduate degree in Nursing can equip you with valuable and versatile skills, such as:

- Knowledge and technical skills
- Ability to convey complex information to a diverse audience
- Information management: prioritize, organize, and synthesize large amounts of information
- Time management: meet deadlines and manage responsibilities despite competing demands
- Project management: develop ideas, gather information, analyze, critically appraise findings, draw and act on conclusions
- Creativity and innovation
- Perseverance
- Capacity to work both independently and as part of a team
- Aware of sound ethical practices and understanding of research and cultural sensitivity
- Professionalism in all aspects of work, research, and interactions
- Leadership: initiative and vision leading people and discussion

### WHERE CAN I GO?

The MN(PHCNP) will train graduates to become Primary Health Care Nurse Practitioners, and prepare them with a strong foundation for careers as:

- Clinical Instructors
- Educators
- Health Policy Analysts
- Healthcare Administrators
- Research Scientists

Taking time to explore career options, build experience, and network can help you have a smooth transition to the world of work after graduation.

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# Graduate Studies FAQs

### How do I use this map?

Use the Grad Map to plan for success in five overlapping areas of your career and academic life. Everyone's journey is different - the ideas on the maps are suggestions to help you explore possibilities. For more support with your professional development, take advantage of the SGSPA professional development framework and the new<u>Individual</u> <u>Development Plan (IDP)</u> process to set personalized goals to help you get career ready when you graduate.

### Where can I get help?

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming environment offers the programs and services you need to be successful, both academically and personally. Check out the <u>SGSPA website</u> for available resources.

### What is the community like?

At Queen's, graduate students from all disciplines learn and discover in a closeknit intellectual community. You will find friends, peers and support among the graduate students enrolled in Queen's more than 130 graduate programs within 50+ departments & research centres. With the world's best scholars, prize-winning professional development opportunities, excellent funding packages and life in the affordable, historic waterfront city of Kingston, Queen's offers a wonderful environment for graduate studies. Queen's is an integral part of the Kingston community, with the campus nestled in the core of the city, only a 10-minute walk to downtown with its shopping, dining and waterfront. For more about Kingston's history and culture, see Queen's University's Discover Kingston page.

# Graduate Application FAQs

# What do I need to know to APPLY?

### ACADEMIC REQUIREMENTS

- Baccalaureate program in Nursing accredited by a provincial/territorial authority.
- Grade requirements: minimum B average.

### ADDITIONAL REQUIREMENTS

- Equivalent of two years of relevant full-time practice as a Registered Nurse within the past five years (minimum of 3640 hours).
- Active registration as a Registered Nurse with the College of Nurses of Ontario.
- Two academic letters of reference (eg. course professors in your undergraduate program) and one clinical letter of reference (eg. your manager or supervisor).
- Undergraduate courses in research methodology and statistics.
- Copy of Curriculum Vitae (Resume).
- Completion of personal essay questions.

### **KEY DATES & DEADLINES**

• Application due: February 1st, or until all seats are filled.

Before you start your application, please review the <u>Graduate studies application</u> process.

# What about FUNDING?

We encourage all students to apply for external funding from professional associations, such as the <u>RNAO Nursing Education Initiative Grant Program</u>. For more information, see the School of Graduate Studies and Postdoctoral Affairs' <u>awards and scholarships</u>.

# What about CLINICAL PLACEMENTS?

Clinical placements for the program can only be arranged by out Clinical Placement Coordinator and students must complete their placements in the geographic area of the home university site. Our catchment area goes along the north shore of Lake Ontario from Peterborough to Smith Falls to Brockville. Clinical placements in the Queen's catchment site typically occur within Kingston and surrounding communities. Access to a vehicle is required as students are responsible for transportation to and from their clinical placements.





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