Health Sciences

Get to know HEALTH SCIENCES

The Bachelor of Health Sciences (BHSc) program is a direct-entry program designed for students interested in human health. Human health can be studied from the perspectives of biomedical and social science, and the BHSc program aims to address both perspectives. Students who develop a particular interest in an area of the health sciences may choose to take one (or more) specially-designed learning tracks. These provide a more specialized focus within a particular field, ranging from Infection, Immunity, and Inflammation to Global and Population Health.

Professions in the health sciences are varied and Oueen's BHSc will introduce you to the depth and breadth of careers in this expansive field. In addition, many post-graduate health professional programs are increasingly competencybased, meaning that their graduates must achieve and demonstrate competency in specific health-related roles. This concept has been built into the BHSc curriculum, enabling our graduates to provide evidence of their achievements as leaders, communicators, professionals, scholars, collaborators, content experts, and advocates. This provides BHSc students with the language to communicate these gained skills in applications or interviews to professional programs or job positions, including those in research, government, or non-government organizations, or health administration.

Queen's BHSc is offered both on-campus and online, using interactive, engaging modules to deliver course content. The core courses in the on-campus program are offered in a blended format. This means that after completing weekly course modules, students come to class and interact with faculty members and peers to connect and apply learned concepts to problem solving scenarios, such as case studies, interpretation of scientific data, or mock conference presentations. The



online program is designed to ensure our students interact with their faculty members and peers as well, via discussion boards and video software.

Degree OPTIONS

Bachelor of Health Sciences (Honours) 4 Years, 120 credits

Bachelor of Health Sciences (General) 3 Years, 90 credits

Course HIGHLIGHTS

The Bachelor of Health Sciences program has been purpose-built to expose learners to a wide range of knowledge in the field of health sciences. Innovative courses have been developed such as:

- Biohacking and Gerontechnology
- Developmental Origins of Health and Disease
- · Health Ethics, Law, and Policy
- Evolutionary Biology of Cancer

In addition to these courses, the curriculum highlights a number of traditional fields within the health sciences, including Physiology, Pharmacology, and Anatomy, while also incorporating important topics such as Global and Population Health and Social and Physical Determinants of Health and Disease. Faculty members within the Health Sciences range from academics to practicing physicians, providing Queen's BHSc students with a unique perspective on undergraduate education.

Queen's ADMISSIONS

Applicants who have, or will successfully complete, a diploma from a Canadian or International high school will be considered through the traditional admission stream. Candidates can apply through OUAC (Code QH (on-campus), QIH (Bader College), QHO (online), or through Queen's webapp (online). Applicants are required to have an 80% in 4U (or equivalent) English, 4U biology, 4U chemistry, and any 4U math, along with two additional 4U or 4M courses. Check online for courses required for students outside of Ontario. If you are applying to an on campus program (QH or QIH) you are also required to complete a supplementary essay.



Acquire Skills. Gain Experience. Go Global.

That is a degree from Queen's.

bhsc.queensu.ca

Health Sciences PROGRAM MAP

BACHELOR OF HEALTH SCIENCES | BACHELOR OF HEALTH SCIENCES (HONOURS)



1ST YEAR

2ND YEAR

3RD YEAR

4TH YEAR (HONOURS) **Employability skills**

GET THE COURSES YOU NEED

Take PHGY 170, ANAT 100, PHAR 100, HSCI 190, GLPH 171, and IDIS 173. Also take 6.0 units of option courses and 6.0 units of electives (which can include option courses).

If you are planning on completing one (or more) of the optional learning tracks, declare it with your Academic Advisor at the end of first year (bhscadvisor@queensu.ca).

Take PHGY 215/216, HSCI 270, GLPH 271, BCHM 270, and one of MICR 270 or 271. Also take an additional 6.0 units of option courses and 6.0 units of electives (which can include option courses).

If you have declared one or more learning tracks, make sure that you are enrolled in the courses required to complete it. Review the courses available for each one on the BHSc website and register for them accordingly.

Take BCHM 370, REPD 372, IDIS 373, PATH 310, and PHAR 370. Also take an additional 9.0 units of option courses and 6.0 units of electives (which can include option courses).

If you're planning to graduate after third year, switch into the General degree. If you have declared a learning track and are graduating with a general degree, make sure that you have completed the required courses for that track. Apply to graduate on

Apply to graduate on SOLUS.

Investigate full-time jobs or further

education related to careers of interest.

Ensure your LinkedIn profile is ready to

employers; use Queen's Career Services

careers or your topics of interest in Health

resources to improve your profile. Join

groups on LinkedIn reflecting specific

be viewed by recruiters and potential

option courses).

track(s) are taken.

Take GLPH 471 and REPD 473. Also take

an additional 18.0 units of option courses

and 6.0 units of electives (which can include

If you have declared a learning track, make

sure that required courses to complete your

GET RELEVANT EXPERIENCE

If in Kingston, see the AMS Clubs Directory or the Queen's Get Involved page for ideas to get involved.

Other ways to become involved include volunteering for after-school children's programs, volunteering in retirement residences, aiding the integration of recent immigrants to Canada, or volunteering at veterinary clinics or a local animal shelter.

Look into attending, in person or by webcast, high profile Queen's conferences such as the Canadian Undergraduate Conference Healthcare and Business Conference. To gain hands on lab experience consider taking **PHGY** Begin (or continue) to engage with a community organization to ready yourself for GLPH 471. If you are looking for hands-on lab experience, start thinking about your research interests and talk to an academic advisor about how to secure a supervisor for the HSCI 591/592/598 and HSCI 593/594/595/599.

on Healthcare, TEDxQueensU, or Queen's 290 or MICR 290.

Develop greater connections with the

Get involved with the BHSc community

Sciences Society, becoming a COAT, or

year students.

like to have.

by running for a position with the Health

If you're looking to internationalize your

cultural experience, start brainstorming

degree or to leverage your existing cross-

about what kind of experience you would

volunteering as a QSuccess mentor to first-

organizations that you volunteer for, taking

on responsibilities or special projects that

help the organization in a tangible manner.

Conduct targeted networking with those working in your careers of interest.

Connect with Queen's professors to learn about the career possibilities in a specific

If you are interested, apply as an upper year student to study at the **Bader College**

Build your intercultural competencies by getting involved with other cultures or by practicing or improving your language

Consider joining professional associations or scientific societies in your field of interest. Some of associations have their own internal field-specific job boards or resources that could be useful to you. Strengthen your ability to respond to

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Sciences.

Check Queen's University International Centre (QUIC) resources for ideas to work/ intern, or volunteer abroad.

experience by taking GLPH 493.

community health needs and gain practical

Prepare for work or studies in a multicultural environment by taking QUIC's online Intercultural Modules.

GET THINKING GLOBALLY

international affairs and global health issues into your degree.

Consider going on exchange to one of the BHSc partner institutions, or volunteer/work abroad.

> Start focusing on areas of interest and research which educational requirements are needed; the Program website can help you start. If needed, prepare to take any required tests (like the MCAT or DAT) and research possible scholarships/bursary opportunities in your desired field.

Confirm requirements for full-time jobs or professional program applications or other opportunities related to careers of interest.

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Apply to jobs or future education, or make plans for other adventures. Get help from Career Services with resumes, interviews, grad school applications, or other decisions.

Your time at Queen's will give you valuable skills to boost your employability, including:

- · Knowledge of cellular structures, organic systems, organic chemistry, and the functions of the human body
- Understanding of statistical research methods, the scientific method, and experimental design
- An appreciation for the **social and** scientific aspects that contribute to health and healthcare
- Research skills ability to draw relevant information out of a large amount of data
- Attention to detail analyze and interpret scientific data
- **Problem solving** adopt a systematic approach to problems
- Oral and written communication - produce laboratory reports and present a report to a group
- Resource and time management
- Advocacy on behalf of different stakeholders/populations with the ability to craft messages based on the
- Collaborating with peers to achieve common goals

Where could I go after graduation?

- Biotechnology
- Dentistry
- Drug development
- Environmental management
- Forensics
- Health administration and public health
- Medical and clinical research
- Medicine
- Microbiology
- Neuroscience
- Occupational health and safety
- Optometry Toxicology
- Veterinary medicine

*some careers may require additional training and you may need to ensure your BHSc course selections fulfill the required pre-requisites. Career paths are suggestions only.

CONNECTED WITH THE **COMMUNITY**

Volunteer with various community organizations, such as local charities, local organizations that cater to a specific at-risk population, hospitals, public health units, or larger, national or global organizations such as Canadian Blood Services, the Canadian Red Cross, Canada Service Corps, Right to Play, or Me to We.

Think about incorporating topics like

BHSc students can study at Bader College in the UK during year 1 or consider increasing your proficiency in French through Queen's courses or language clubs, city-run programs, or through apps such as Duolingo, Rosetta Stone, or Babble.

GET READY FOR LIFE AFTER **GRADUATION**

Explore the BHSc program website to see how it can act as a stepping stone to a new healthcare career.

Need career advice? You can book an appointment with a career educator and coach through MyCareer or call the Career Services reception at 613.533.2992.

Grappling with program decisions? Talk to one of the BHSc Academic Advisors by emailing bhscadvisor@queensu.ca. Look for opportunities to get hands-on experience in your field by completing an internship through QUIP, volunteering in hospitals, veterinarian or dental clinics, or through summer work opportunities at Queen's through SWEP or outside of Queen's through government/private laboratories.

How to use this map Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don't have to do it all! To make your own custom map, use the My Major Map tool.

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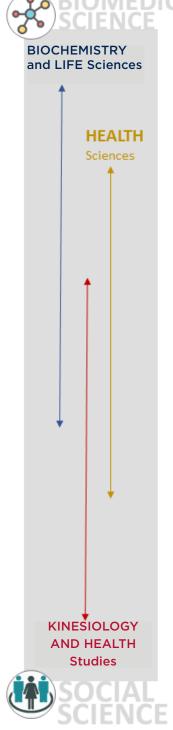


Get started thinking about the future now – where do you want to go after your degree? Having tentative goals (like careers or grad school) while working through your degree can help with short-term decisions about courses and experiences, but also help you keep motivated for success.

Get the help you need

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen's, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming living and learning environment offers the programs and services you need to be successful, both academically and personally, and Queen's wants you to succeed! Check out the Student Affairs website for available resources.



Distinguishing HEALTH SCIENCES

Of the health-focused programs at Queen's, Health Sciences provides a balance between the biomedical side of health, a focus of the Life Sciences and Biochemistry programs, and the social sciences side of health, a focus of the Health Studies program. Queen's Health Sciences has an emphasis on skill (competency) building by ensuring students have the opportunity to practice these skills in their course assessments.

Online HEALTH SCIENCES

Our online BHSc program offers maximal flexibility for our students. Students can complete courses on a timetable that best suits their lifestyle. The degree may be completed on either a full-time or part-time basis, there are different entry points throughout the year, and students can choose from a General or Honours degree. Admission requirements for direct entry are the same as the oncampus program, however for students who lack the traditional requirements, there is an alternate route of admission to the online program. Applicants would apply as a non-degree student initially, and work towards progressing into the degree program by taking three specified first year courses and attaining a cumulative GPA of 3.0 in those courses. Ask an advisor (bhscadvisor@queensu.ca) for more details on this admission route. Finally, the online courses offered by the BHSc program are highly interactive, providing content through a variety of multimedia, along with the opportunity for reflection and self-assessment along the way.



HEALTH SCIENCES

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