

# Psychology

Psychology is the study of mental processes and behaviour. Psychologists study relationships between brain function, behaviour, and environment. As a discipline, psychology explores a wide range of topics, including cognition, neuroscience, social influence, mental health, development, relationships, sensation, and perception, as well as the influence of factors such as gender and culture on these areas. Home to 35 labs, psychology students have the opportunity to work alongside faculty researchers and graduate students to gain valuable research training.

## TOP 5 REASONS to study PSYCHOLOGY

- 1 Evidence-based insights into how both environment and genetics influence the brain and behaviour.
- 2 Evidence-based practices in mental health that are grounded in science.
- 3 Hands-on experiential learning opportunities in laboratory and field settings.
- 4 Transferable critical thinking and research skills.
- 5 Skills that employers value, including teamwork, writing, and data analysis.

## Alumni Story

"My degree in Psychology prepared me for further education and for the work force, and also gave me a deeper insight into the human psyche. This highly versatile, student-centred program provided opportunity for student leadership, departmental community, and involvement in current empirical research."

-Sam Bienias, BSch '18

## TOP ALUMNI JOBS

8% of alumni work in GOVERNMENT

9% of alumni work in BANKING, MARKETING & CONSULTING

13% of alumni work in HEALTH CARE

38% of alumni work in EDUCATION

add a CERTIFICATE

Data Analytics

Disability and Physical Activity

Employment Relations

Entrepreneurship, Innovation and Creativity

French for Professionals

Geographic Information Science

Global Action and Engagement

Indigenous Languages and Cultures

International Studies

Media Studies

Sexual and Gender Diversity

Urban Planning Studies

[Quartsci.com/certs](http://Quartsci.com/certs)

## 2023-24 Plan Thresholds

Thresholds are made on a competitive basis and are updated annually. To see the thresholds for all programs as well as the latest information, please visit [quartsci.com/planselection](http://quartsci.com/planselection)

Interested in finding out how to augment your degree with Experiential Learning? Learn what opportunities and resources are available for you on the [Experiential Learning website](#). You can also reach out to the team directly at [asc.el@queensu.ca](mailto:asc.el@queensu.ca).

## Acquire Skills. Gain Experience. Go Global.

That is a degree from Queen's.

[queensu.ca/psychology](http://queensu.ca/psychology)

# Psychology MAJOR MAP

BACHELOR OF ARTS (HONOURS): MAJOR, JOINT HONOURS, MINOR or BACHELOR OF SCIENCE (HONOURS): MAJOR, SPECIALIZATION, MINOR

## 1ST YEAR

## 2ND YEAR

## 3RD YEAR

## 4TH OR FINAL YEAR

### GET THE COURSES YOU NEED

In first year you will have the chance to explore the foundations of Psychology along with some electives. Attend [Majors Night](#) in the Winter term to learn more about Plan options.

Want to make sure your academics are where you want them to be? Visit [SASS \(Student Academic Support Services\)](#) and the Writing Centre for some help.

Interested in getting a head start in learning and working in a digital world? Take [ASCX 150](#) and develop future-ready skills!

Start going deeper into the discipline of Psychology, while considering a minor and/or certificate such as [Global Action and Engagement](#). Learn more about [Certificates](#) and [Internship](#) options.

Develop your entrepreneurial skills by participating in the [Dean's Changemaker Challenge](#) (ASCX 200/300).

A chance to start grouping courses in areas of interest, or to keep it more general and explore many areas of Psychology. Meet with an [Academic Advisor](#) to make sure you are on track and have planned out your courses for next year.

In fourth year you will have the chance to participate in research-based courses that can lead to [Graduate School](#) or to your future career path. Make sure to finish up all your courses for your major and your optional minor and/or certificate(s).

Interested in working on a real-world problem with an actual client? Take [ASCX 400](#) and develop your consulting and project-management skills.

### GET RELEVANT EXPERIENCE

Join organizations on campus such as the [Sexual Health Resource Centre](#) and the [Mental Health Awareness Committee](#). See the [AMS Clubs Directory](#) or the [Queen's Get Involved](#) page for more ideas.

Get an upper year Peer Mentor in PSYC. Ask the PSYC Department Student Council (DSC) for details.

Look into summer jobs by talking to the Dept. about [NSERC](#) or Career Services about work through [SWEP](#) or [Work-Study](#). Volunteer in a [PSYC Research Lab](#). Apply to complete PSYC299: Introduction to Directed Research in Psychology.

Attend workshops and training sessions offered to students through the [CMHA](#).

If interested, apply for an [Undergraduate Student Summer Research Fellowship \(USSRF\)](#). Consider applying to do a 12-16 month [QUIP internship](#) between your third and fourth year. Take a PSYC 570/575 [Special Directed Lab](#) course for further research experience. Apply to be a PSYC 100 TA through PSYC 400.

Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you're lacking and fill in the gaps – check out the Career Services skills [workshop](#) for help.

Present your PSYC 501 research at [Inquiry@Queen's](#) and your Thesis Poster at the annual Ontario Undergraduate Thesis Conference.

### GET CONNECTED WITH THE COMMUNITY

Volunteer on- or off-campus with different community organizations such as [Autism Ontario Kingston](#), [Big Brothers, Big Sisters KFL&A](#), [Telephone Aid Line Kingston](#), and the [Kingston Sexual Assault Centre](#).

Get involved with the [Departmental Student Council](#) (DSC). Think about applying to volunteer at the [Peer Support Centre](#), [Student Wellness Services](#), or other services. Be sure to read the weekly Departmental newsletters sent to you which include information about opportunities such as awards, job positions, and more!

Start or continue volunteering with organizations such as [Hotel Dieu Hospital](#) and the [Elizabeth Fry Society Kingston](#).

Do targeted networking with alumni working in careers of interest by joining the LinkedIn group [Queen's Connects](#). Check out Career Services [networking workshops](#).

Connect with professors at events or workshops hosted by the DSC. Meet one on one with professors or graduate students.

Consider joining professional associations, such as the [Ontario Psychological Association](#), [The Canadian Psychological Association](#) or the [Canadian Counselling and Psychotherapy Association](#).

Join groups on LinkedIn reflecting specific careers or topics of interest in Psychology.

### GET THINKING GLOBALLY

Prepare for work or studies in a multi-cultural environment by taking [QUIC's Intercultural Competency Certificate](#) and research possible immigration regulations.

Speak to a QUIC advisor to get involved in their programs, events, and training opportunities.

Is an exchange in your future? Start thinking about where you would like to [study abroad](#). Apply in January for a third year exchange through [the International Programs Office](#).

Attend [Bader College](#) in the U.K. for the winter term and take PSYC 335, PSYC 442, or PSYC480.

Get involved with other cultures or improve your language skills.

Pursue Summer Internship/Work opportunities with CIDA.

International students interested in staying in Canada can speak with an [International Student Advisor](#).

Volunteer with places like [Immigrant Services Kingston & Area](#).

### GET READY FOR LIFE AFTER GRADUATION

Grappling with program decisions? Go to [Majors Night](#) or get some help [wondering about career options](#) from Career Services.

Build your transferable skills in time management, problem-solving, writing, and more with [Student Academic Success Services](#).

Explore careers of interest through [Open Access interactive resources](#) and [Open Access Books](#). You can also attend the annual Career Conference in Psychology in March, and visit Career Services to participate in Career Cruising.

Start focusing on areas of interest. Research education requirements for careers of interest. If needed, prepare to take any required tests (such as the GRE, LSAT or GMAT) and get [help thinking about Grad School](#) from Career Services.

Apply to jobs or future education, or make plans for other adventures. Get help from Career Services with [job searching, resumes, interviews, Grad School applications](#), or other decisions.

Apply for the [Queen's Career Apprenticeship: Kingston \(QCA:K\)](#).

CONSIDER A 12-16 MONTH QUIP INTERNSHIP

CONSIDER A 12 MONTH QCA:K APPRENTICESHIP

### What will I learn?

A degree in Psychology can equip you with:

- Knowledge of areas of Psychology such as perception, cognition, motivation, and childhood development
- How to design research studies and analyze quantitative data using statistical tests
- Knowledge of human and animal behaviour and mental processes
- How to evaluate scientific journal articles critically
- Oral and written communication to prepare and present reports from research
- Observation and decision-making
- Resource and time management
- Insight to deal effectively with people, show concern for and sensitivity to others
- Critical and inferential thinking to analyze and interpret information

### Where can I go?

A degree in Psychology is foundational for many career paths. Many students choose to pursue their interests through graduate training. Our students are equipped to pursue many fields including:

- Advertising
- Child and youth care
- Clinical psychology
- Community development
- Counseling
- Data analysis
- Occupational therapy
- Psychological science
- Research
- Social work
- Speech language pathology

Taking time to explore career options, build experience, and network can help you have a smooth transition to the world of work after graduation.

### How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don't have to do it all! To make your own custom map, use the [My Major Map](#) tool.

# Psychology

## QUIP QUEEN'S UNDERGRADUATE INTERNSHIP PROGRAM

### START DATES

in May, September,  
or January

### POSITIONS

are paid and  
full-time

### WORK TERMS

are 12-16 months  
long

### PROGRAM OVERVIEW

- Graduate with a "Professional Internship" degree
- Learn about current advances, practices and technologies in business and industry.
- Test drive a career, earn a competitive salary, and get real world experience.

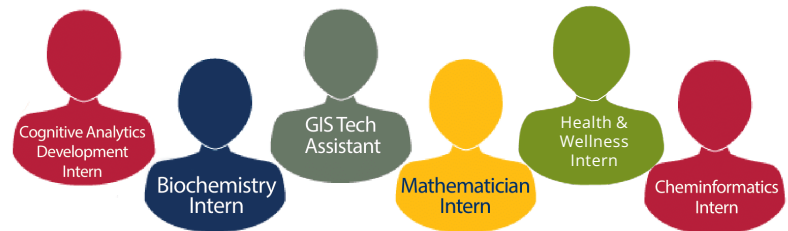
### ELIGIBILITY

- 2nd or 3rd Year Students
- Minimum GPA of 1.9

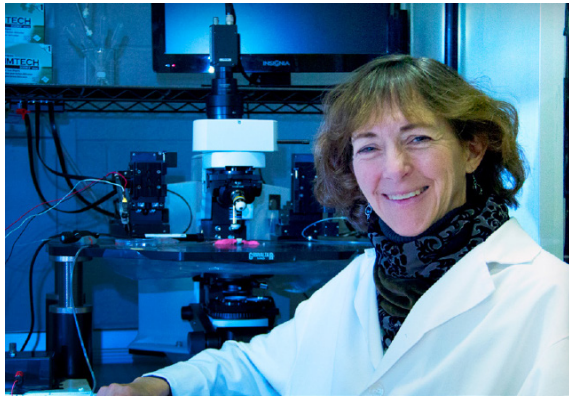
### WHY QUIP?

- Gain a year of career-related work experience.
- Build network connections.
- Receive support from Queen's staff in job search and during internship.

### SAMPLE PAST INTERNSHIPS



For more information, contact [quip@queensu.ca](mailto:quip@queensu.ca) or visit the [Program Website](#).



Get started thinking about the future now – where do you want to go after your degree? Having tentative goals (like careers or grad school) while working through your degree can help with short-term decisions about courses and experiences, but also help you keep motivated for success.

### Get the help you need

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen's, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming living and learning environment offers the programs and services you need to be successful, both academically and personally. Queen's wants you to succeed! Check out the [Student Affairs website](#) for available resources.

## Why study in Kingston?

For 175 years, our community has been more than a collection of bright minds – Queen's has attracted students with an ambitious spirit. Queen's has the highest retention rates, the highest graduation rates, and one of the highest employment rates among recent graduates. We are a research intensive university focused on the undergraduate experience. The BBC has identified Kingston as one of the GREATEST UNIVERSITY TOWNS in the world – and it is often awarded the safest city in Canada. It is a university city at the core; just a quick drive to Toronto, Montreal, Ottawa and even New York. A university with more clubs per capita than any other university in Canada, and a city with more restaurants per capita than any other city in North America – you will have the experience of a lifetime at Queen's – and graduate with a degree that is globally recognized among the best.

*We're closer than you think.*



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