Why GRADUATE STUDIES in PUBLIC HEALTH SCIENCES?

Graduate students and their work are an important part of ongoing research that helps us understand natural, cultural, imaginative, social, technological and health phenomena. In the PhD program in Public Health Sciences, students gain skills to communicate scientifically, describe trends and patterns of health and illness, critically review scientific literature, collect and analyze data, and more.

The goal of the Public Health Sciences PhD program is to graduate individuals who are capable of functioning as independent investigators within academic (or equivalent) research positions, or who can occupy positions of professional leadership in public health or health-related agencies where research is an important function.

The PhD program offers a general track or has specializations in Epidemiology or Biostatistics. Students in the general track study diverse public health topics including those related to health economics, health policy, global and population health, among others. These students collect and use a variety of types of data and research approaches depending on their own interests and the expertise of their Supervisor(s).

Students in the Epidemiology specialization will study advanced epidemiologic methods and biostatistics and conduct a thesis using those methods. Research topics are broad, including disease etiology, clinical epidemiology, health services research and more. Students in the Biostatistics specialization will study advanced biostatistics methods and epidemiology and conduct a thesis using those methods. Research topics and methods covered by this specialization include statistical methodological research in the context of public health, biomedical, or clinical studies.

Why QUEEN’S?

At Queen’s, we have world class researchers and instructors who provide exceptional learning and mentorship for doctoral students on an historic campus in the heart of Kingston. The relatively small size of our program allows students to get to know faculty members and each other very well. PhD students take on leadership roles in the Department frequently acting as Teaching Assistants for graduate level courses and getting involved in co-curricular and extra-curricular activities. Kingston is a wonderful city to live, learn and play in right on the shores of Lake Ontario. There are many housing options for graduate students and upper year students who are always willing to share their knowledge and expertise.
Public Health Sciences PhD Map

DOCTOR OF PHILOSOPHY (PHD)

YEAR I

ACHIEVE YOUR ACADEMIC GOALS
- Key priorities include completing required health and safety, animal, human research ethics training, any required coursework, and your comprehensive exam.
- Meet early with your supervisor to set expectations and discuss roles, responsibilities, program requirements, resources, research/occupational goals, timelines, and any required accommodation plans.

MAXIMIZE RESEARCH IMPACT
- Start to present your work at graduate conferences, through professional associations, or topic conferences.
- Expand your research audience through social media.
- For help with teaching, get support from the Centre for Teaching and Learning. Enroll in the P4TL certificate for more professional development in teaching and learning.

BUILD SKILLS AND EXPERIENCE
- Serve on departmental, faculty or university committees. Talk to the SGPS for tips on getting involved.
- Consider positions in student services, the SGPS, or media outlets like the Queen's Journal, CFRC, and the SGSPA Blog. Look in the AMS Club Directory.
- Use a Teaching Assistant or Research Assistant position to develop your skills and experience.

ENGAGE WITH YOUR COMMUNITY
- Explore how you can connect with your community through experiential opportunities on- and off-campus.
- Consider volunteering with different community organizations, such as the Queen’s Cancer Research Institute or KFL&A Public Health.
- Participate in your graduate and professional community through activities such as graduate student outreach programs, organizing conferences, and research groups.
- Consider signing up for the PhD-Community Initiative program run by the SGs.

YEAR II

ACHIEVE YOUR ACADEMIC GOALS
- Set up regular meetings with your supervisor to discuss progress and obstacles to timely completion.
- Priorities include completing your research outline and proposal, and pursuing research.
- Check out the School of Graduate Studies and Postdoctoral Affairs professional development workshops and SGS website for guidance through the academic process.

MAXIMIZE RESEARCH IMPACT
- Continue to present at conferences.
- Continue to present in the 3 Minute Thesis (3MT) competition.
- Contact the Queen’s Media Centre for guidance on speaking to news outlets about your work.

BUILD SKILLS AND EXPERIENCE
- Hone skills for non-academic employment by continuing involvement on committees and in community.
- Start keeping an eportfolio of your skills, experiences and competencies.
- For help with teaching, get support from the Centre for Teaching and Learning. Enroll in the P4TL certificate for more professional development in teaching and learning.

ENGAGE WITH YOUR COMMUNITY
- Participate in your graduate and professional community through activities such as graduate student outreach programs, organizing conferences, and research groups.
- Consider signing up for the PhD-Community Initiative program run by the SGs.
- Do some targeted networking with people working in careers of interest, through Queen’s Connects on LinkedIn, the Queen’s Alumni Association professional associations, and at conferences. Get help from a Career Services workshop.

YEAR III

ACHIEVE YOUR ACADEMIC GOALS
- Continue to research and write your dissertation. Check out the SGS/PA Dissertation Boot Camp.
- Consider publishing elements of your research. Learn from the School of Graduate Studies and Postdoctoral Affairs professional development workshops.
- Use conference presentations to create and update your CV.

MAXIMIZE RESEARCH IMPACT
- Continue to present at conferences.
- Consider participating in the 3 Minute Thesis (3MT) competition.
- Contact the Queen’s Media Centre for guidance on speaking to news outlets about your work.

BUILD SKILLS AND EXPERIENCE
- Find opportunities for extra training through CTL, School of Graduate Studies, and Postdoctoral Affairs professional development workshops, MITACS, or other sources to boost your skills.
- For help with teaching, get support from the Centre for Teaching and Learning. Enroll in the P4TL certificate for more professional development in teaching and learning.

ENGAGE WITH YOUR COMMUNITY
- Set up a meeting with the School of Graduate Studies and Postdoctoral Affairs for a Grad Chat or consider putting an article in The Conversation.
- Practice articulating the skills you have been developing in settings outside the university, such as casual conversation, networking, and interviews. Get help from a Career Services workshop.
- Consider joining one of the many professional associations like the Canadian Public Health Association, the Canadian Society for Epidemiology and Biostatistics or the Canadian Institute for Health Interventions.
- Continue targeted networking with people working in careers of interest. Join groups on LinkedIn reflecting specific careers or topics.

YEAR IV

ACHIEVE YOUR ACADEMIC GOALS
- Plan date of thesis submission for examination.
- Present your research to graduate students and faculty or at conferences and work with supervisor to prepare for defence.
- Review submission and examination guidelines.
- Secure necessary oral defence accommodations.
- Discuss career pathways, references letters, and publication options with your supervisor.

MAXIMIZE RESEARCH IMPACT
- Continue attending conferences and connecting with other scholars and community partners.
- Continue public outreach through social media and the Queen’s Media Centre.

BUILD SKILLS AND EXPERIENCE
- Consider volunteering with different community organizations, such as the Queen’s Cancer Research Institute or KFL&A Public Health.
- Start by building your teaching portfolio including student evaluations, and seeking mentorship.
- Explore different careers of interest by using Queen’s Connects on LinkedIn to connect with Queen’s Alumni. For more information check out Career Cruising.
- Investigate requirements for professional positions or other opportunities related to careers of interest.

ENGAGE WITH YOUR COMMUNITY
- Participate in hiring committees and attend job talks. Research academic careers of interest. Craft your CV and job application materials.
- Apply to jobs or make plans for other adventures. Get help from Career Services with job searching, resumes, and interviews.
- If considering jobs abroad, research possible immigration regulations. If you are an international student interested in staying in Canada, consider speaking with an International Student Advisor.

WHERE CAN I GO?
- A PhD in Public Health Sciences can equip you with valuable and versatile skills, such as:
  - Knowledge and technical skills
  - Effective communication skills in multiple forms for diverse audiences
  - Information management: prioritize, organize and synthesize large amounts of information
  - Time management: meet deadlines and manage responsibilities despite competing demands
  - Project management: develop ideas, gather information, analyze, critically appraise findings, draw and act on conclusions
  - Creativity and innovation
  - Perseverance
  - Independence and experience as a collaborative worker
  - Awareness, an understanding of sound ethical practices, social responsibility, responsible research and cultural sensitivity
  - Professionalism in all aspects of work, research, and interactions
- Leadership: initiative and vision leading people and discussion

WHAT WILL I LEARN?
- A graduate degree in Public Health Sciences can equip you with valuable and versatile skills, such as:
- Knowledge and technical skills
- Effective communication skills in multiple forms for diverse audiences
- Information management: prioritize, organize and synthesize large amounts of information
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How to use this map
Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions—you don’t have to do it all! To make your own custom map, use the My Major Map tool.

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Graduate Studies FAQs

How do I make the most of my time at Queen's?

Use the Grad Map to plan for success in five overlapping areas of your career and academic life. Everyone's journey is different - the ideas on the maps are just suggestions to help you explore possibilities. For more support with your professional development, take advantage of the SGSPA professional development framework and the new Individual Development Plan (IDP) process to set customized goals to help you get career ready when you graduate.

Where can I get help?

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming environment offers the programs and services you need to be successful, both academically and personally. Check out the SGSPA website for available resources.

What is the community like?

At Queen's, graduate students from all disciplines learn and discover in a close-knit intellectual community. You will find friends, peers and support among the graduate students enrolled in Queen's more than 130 graduate programs within 50+ departments & research centres. With the world's best scholars, prize-winning professional development opportunities, excellent funding packages and life in the affordable, historic waterfront city of Kingston, Queen's offers a wonderful environment for graduate studies. Queen's is an integral part of the Kingston community, with the campus nestled in the core of the city, only a 10-minute walk to downtown with its shopping, dining and waterfront. For more about Kingston's history and culture, see Queen's University's Discover Kingston page.

Application FAQs

What do I need to know to APPLY?

ACADEMIC REQUIREMENTS
- Master's degree in health sciences, epidemiology, biostatistics, statistics, health promotion, health geography, economics or a related discipline.
- Demonstrated research competency, usually through a research-based thesis or a research project with peer-reviewed publication.
- Grade requirements: First-class academic standing (equivalent GPA of 3.7 or 80%).

ADDITIONAL REQUIREMENTS
- Statement of Interest (including area of research and potential supervisor).
- Transcripts and CV.
- Applicants with non-thesis based Master's training may include published, in-press or under review research papers as documentation of academic research experience.
- If English is not a native language, prospective students must meet the English language proficiency requirements in writing, speaking, reading, and listening. The following minimum scores are required: (1) TOEFL iBT: Writing (24/30); Speaking (22/30); Reading (22/30); Listening (20/30). Applicants must have the minimum score in each test as well as the minimum overall score, or (2) IELTS: 7.0 (academic module overall band score and a 7.0 for each test band), or (3) PTE Academics: 65, or (4) CAEL CE -70 (minimum overall score).

KEY DATES & DEADLINES
- Application due: January 31. Late applications will be considered until all positions are filled.
- Application review begins in mid-February.

Before you start your application, please review the PHS website and reach out to potential supervisors. Please also be familiar with the Graduate studies application process.

What about FUNDING?

The department guarantees a minimum funding package of $20,000 per year for every PhD student. There are also opportunities to compete for internal/external awards and take on paid research or teaching assistantships. For more information on internal and external awards please see the School of Graduate Studies and Postdoctoral Affairs’ information on awards and scholarships.