Why GRADUATE STUDIES in KINESIOLOGY & HEALTH STUDIES?
The Kinesiology and Health Studies programs offer you the opportunity to study health, physiology, physical activity, movement, and socio-cultural phenomena of the body. Students may study the mechanics of movement; the body’s physiological responses to exercise; physical activity at a population or global level; the promotion of health, wellbeing, and social justice among communities; psychology of sport and physical activity; effects of biological factors on individual health; and effects of socio-cultural factors on individual, community, and population health.

Why QUEEN'S?
Our students collaborate with internationally-recognized researchers on exciting, multi-disciplinary research projects in state-of-the-art facilities located in our own building.

Cross-disciplinary opportunities with other Queen’s departments enhance the graduate experience. Collaborations are available with Biomedical and Molecular Sciences, Commerce, Cultural Studies, Faculty of Education, Gender Studies, Global Development Studies, Mechanical and Materials Engineering, Psychology, Public Health Sciences, Geography and Planning, and Sociology. Students may pursue research activities with a number of our community-based partners, including the Boys and Girls Club of Kingston; HIV/AIDS Regional Services; Kingston, Frontenac and Lennox & Addington Public Health; and the Limestone District School Board.

Available PROGRAMS

MSc
- Biomechanics and Ergonomics
- Exercise Physiology
- Health Promotion
- Physical Activity Epidemiology
- Psychology of Sport and Physical Activity

MA
- Socio-Cultural Studies of Sport, Health and the Body

We encourage you to identify an area of research interest and contact a potential supervisor before applying.

Visit the School of Kinesiology & Health Studies website to read faculty profiles and learn more about faculty members’ research areas. When you find a faculty member with similar research interests to yours, contact them and tell them about your interest in graduate work and related experience.
How to use this map
Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don’t have to do it all. To make your own custom map, use the My Grad Map tool.

WHAT WILL I LEARN?
A graduate degree in Kinesiology and Health Studies can equip you with valuable and versatile skills, such as:

- Knowledge and technical skills
- Effective communication skills in multiple forms for diverse audiences
- Information management: prioritize, organize, and synthesize large amounts of information
- Time management: meet deadlines and manage responsibilities despite competing demands
- Project management: develop ideas, gather information, analyze, critically appraise findings, draw and act on conclusions
- Creativity and innovation
- Perseverance
- Independence and experience as a collaborative worker
- Awareness, an understanding of sound ethical practices, social responsibility, responsible research, and cultural sensitivity
- Professionalism in all aspects of work, research, and interactions
- Leadership: initiative and vision leading people and discussion

WHERE CAN I GO?
Master’s degree in Kinesiology and Health Studies can take your career in many directions. Many of our students choose to continue their academic inquiry with a PhD. Our Master’s students are equipped with a strong foundation for careers in:

- Community health agencies
- Educational institutions/faculty positions
- Government agencies working on public health policy
- Health industry consultants
- Health related fields
- Research assistant
- Sports media and public relations
- Workplace ergonomics

Taking time to explore career options, build experience, and network can help you have a smooth transition to the world of work after graduation.
Application FAQs

What do I need to know to APPLY?

ACADEMIC REQUIREMENTS
• Bachelor's degree
• Grade requirements: minimum B+ overall average in the last 20 completed 3.0 GPA courses of study.
• Prospective students who do not have English as a first language must meet the English language proficiency requirements in writing, speaking, reading, and listening. Details are available on the SKHS website.

KEY DATES & DEADLINES
• Application due: March 1st to qualify for internal funding. Applications will be considered until the program is full.
• Notification of acceptance: Successful candidates will initially be notified by letter of offer via email followed by confirmation from the School of Graduate Studies and Postdoctoral Affairs.
• OGS Application due: March 1st. All eligible students are required to apply for OGS (Ontario Graduate Scholarship) funding. Details are available on the SKHS website.

Before you start your application, please review the SKHS graduate studies application process.

What about FUNDING?

Master's students in Kinesiology and Health Studies are guaranteed a funding package for up to two years of study. Funding packages may include an external funding award i.e. TriCouncil (CIHR/NSERC/SSRHC); an OGS (Ontario Graduate Scholarship); other internal fellowship award, scholarship, teaching assistantship(s), and research assistantship(s).

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