Why GRADUATE STUDIES in PSYCHOLOGY?

Graduate studies in Psychology provide training in establishing a scientific understanding of human behaviour and its causes across the lifespan. This training focuses on developing expertise in the discipline's theoretical and empirical literature, conducting research aimed at making new scientific discoveries, and disseminating knowledge about psychology to students and the broader community. The skills and expertise that graduate students develop during the course of their graduate degrees are in demand in the public and private sector, including a wide range of industries, management, government, universities and schools, corrections, hospitals, and private practice. Those with graduate degrees in Psychology will be well situated to take advantage of these and many more opportunities to apply this crucial expertise.

Why QUEEN’S?

The graduate program in Psychology at Queen’s is internationally renowned for its excellent faculty and students, its innovative training and the value of its research, scholarship and skill development. We offer programs in core areas of Psychology, with a strong emphasis on high-quality critical scholarship, fundamental research and discovery, and application in clinical, community, and private sectors. Students work collaboratively with an interdisciplinary group of world-class researchers who provide training with state-of-the-art techniques to make discoveries and communicate those discoveries to the relevant stakeholders. Our goal is to prepare students for successful careers in a variety of settings, including clinical and health care settings, industry and the private sector, academic institutions, private consulting firms, and many others.

“The graduate program at Queen's provided me with a strong foundation of knowledge as well as teaching, supervision, research, and clinical skills needed to launch my career as an academic clinical psychologist. I am grateful for the mentorship I received, the inspiring faculty, and the collaborations and community built over these years!”

– Robyn Jackowich, Psychology PhD graduate, Governor General’s Academic Gold Medalist

RESEARCH Areas

- Clinical Psychology
- Cognitive Neuroscience
- Developmental Psychology
- Social/Personality Psychology

We encourage you to identify an area of research interest and contact a potential supervisor before applying.

Visit the Psychology Department website to read faculty profiles, learn more about faculty members’ research laboratories and interests, and discover whether they are open to supervising students in the year you are applying. If you find a faculty member with similar research interests to yours, reach out to tell them about your interest in graduate work, area of research interest, and related experience.

Watch our website to learn about upcoming Open Houses, when you can visit us either virtually or on campus to learn more about Psychology graduate studies at Queen’s.

Program STRUCTURE

PhD (4 years): course work and thesis/dissertation.

**There is an additional 1 year internship for clinical students.
# Psychology PhD Map

**DOCTOR OF PHILOSOPHY (PhD)**

## Achieve your Academic Goals

**YEAR I**
- Key priorities include forming your committee, coursework, field exams, and language exam.
- Meet early with your supervisor to set expectations and discuss roles, responsibilities, program requirements, resources, research/occupational goals, timelines, and any required accommodation plans.
- Look to Student Academic Success Services for a variety of supports.

**YEAR II**
- Write and defend your thesis proposal.
- Embark on your substantive research.
- Set up regular meetings with your supervisor to discuss progress and obstacles to timely completion.
- Find your way through the academic process with the help of School of Graduate Studies and Postdoctoral Affairs professional development.

**YEAR III**
- Continue to meet regularly with your supervisor, review research progress, and write your dissertation. Check out the SGSPA writing camps such as Dissertation on the Beach.
- Use conference presentations to create, discuss, and explore ways to disseminate research findings.
- Begin discussion of potential thesis defense examiners.

**YEAR IV**
- Plan date of thesis submission for examination.
- Present your research to graduate students and faculty or at conferences and work with supervisor to prepare for defence.
- Review submission and examination guidelines.
- Secure necessary oral defence accommodations.

## Launch Your Career

- Finding a career fit starts with knowing yourself. Take a Career Services workshop or meet with a career educator and coach for help.
- Start reading publications like *University Affairs* and the *Chronicle of Higher Education*.
- Browse non-academic labour market websites.
- Stay on the lookout for special events like School of Graduate Studies and Postdoctoral Affairs Career Week to explore your career pathways.

- Start building your teaching portfolio including student evaluations, and seeking mentorship.
- Explore different careers of interest by using *Queens Connects* on LinkedIn to connect with Queen’s alumni. For more information check out *Career Services*.
- Investigate requirements for professional positions or other opportunities related to careers of interest.

- Participate in hiring committees and attend job talks. Research academic careers of interest. Craft your CV and job application materials.
- Start focusing on non-academic areas of interest. Research organizations of interest and start putting together your industry resume and begin your job search plan.

- Build connections with faculty outside of your department. Pursue interviews for faculty positions and apply for post-doc fellowships and positions.
- Apply to jobs or make plans for other adventures. Get help from Career Services with job searching, resumes, and interviews.
- If considering jobs abroad, research possible immigration regulations. If you are an international student interested in staying in Canada, consider speaking with an International Student Advisor.

## Build Skills and Experience

- Serve on departmental or university committees. Talk to the Association of Graduate Students in Psychology (AGSPA) for tips on getting involved.
- Consider positions in student services, the SGPS, or media outlets like the Queen’s Journal, CTV, and the SGSPA Blog. Look in the AMS Club Directory.
- Use a Teaching Assistant or Research Assistant position to develop your skills and experience.

- Have skills for non-academic employment by continuing involvement on committees and in community.
- Start keeping an ePortfolio of your skills, experiences, and competencies.
- For help with teaching, get support from the Centre for Teaching and Learning. Enrol in *Career Cruising* or the PGTA Certificate for more professional development in teaching and learning.

- Participate in your graduate and professional community through activities such as graduate student outreach programs, organizing conferences, and research groups.
- Consider signing up for the PhD-Community Initiative program run by the SGSPA.

- Do some targeted networking with people working in careers of interest, through *Queens Connects* on LinkedIn, the Queen’s Alumni Association, professional associations, and at conferences. Get help from a Career Services workshop.
- Consider joining professional associations like the *Canadian Psychological Association*.
- Join groups on LinkedIn reflecting specific careers or topics of interest.

## Engage with your Community

- Think about audiences for your research.
- Complete CORE online module on research ethics if doing research regarding sensitive topics.
- Apply to NSERC, OGS, and other funding.
- Attend conferences in your field.

- Present your work at graduate conferences, through professional associations, or topic conferences such as the *Canadian Psychological Association* Annual Conference or the *European Congress of Psychology*.
- Expand your research audience through social media such as Twitter or a blog.

- Stay on the lookout for special events like *Queen’s Academic Success Services* and *Postdoctoral Affairs*.
- Participate in hiring committees and attend job talks. Research academic careers of interest. Craft your CV and job application materials.
- Start focusing on non-academic areas of interest. Research organizations of interest and start putting together your industry resume and begin your job search plan.

## Maximize Research Impact

- Think about audiences for your research.
- Complete CORE online module on research ethics if doing research regarding sensitive topics.
- Apply to NSERC, OGS, and other funding.
- Attend conferences in your field.

- Present your work at graduate conferences, through professional associations, or topic conferences such as the *Canadian Psychological Association* Annual Conference or the *European Congress of Psychology*.
- Expand your research audience through social media such as Twitter or a blog.

- Continue to present at conferences.
- Consider participating in the 3 Minute Thesis (3MT) competition.
- Contact the Queen’s Media Centre for guidance on speaking to news outlets about your work. List yourself on the Arts and Science University Research website.

- Continue to attend conferences and connect with scholars in your field and with community partners.
- Continue public outreach through social media and the Queen’s Media Centre.
- Set up a meeting with the School of Graduate Studies and Postdoctoral Affairs for a Great Chat to discuss your research interests.

## Where Can I Go?

A PhD in Psychology can take your career in many directions. In Canada, less than 40% of all PhDs will work in post-secondary education—the majority will work in industry, government, or nonprofit:
- Academia and research
- Clinical/Hospital
- Correctional Services Canada
- Government agencies
- Private practice
- Private sector

Taking time to explore career options, build experience, and network can help you have a smooth transition to the world of work after graduation.

## What Will I Learn?

A graduate degree in Psychology can equip you with valuable and versatile skills, such as:
- Knowledge and technical skills
- Effective communication skills in multiple forms for diverse audiences
- Information management: prioritize, organize, and synthesize large amounts of information
- Time management: meet deadlines and manage responsibilities despite competing demands
- Project management: develop ideas, gather information, analyze, critically appraise findings, and draw on conclusions
- Creativity and innovation
- Perseverance
- Independence and experience as a collaborative worker
- Awareness, an understanding of sound ethical practices, social responsibility, responsible research, and cultural sensitivity
- Professionalism in all aspects of work, research, and interactions
- Leadership: initiative and vision leading people and discussion

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Graduate Studies FAQs

How do I make the most of my time at Queen’s?

Use the Grad Map to plan for success in five overlapping areas of your career and academic life. Everyone’s journey is different - the ideas on the maps are just suggestions to help you explore possibilities. For more support with your professional development, take advantage of the SGSPA professional development framework and the new Individual Development Plan (IDP) process to set customized goals to help you get career ready when you graduate.

Where can I get help?

Queen’s provides you with a broad range of support services from your first point of contact with the university through to graduation. Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming environment offers the programs and services you need to be successful, both academically and personally. Check out the SGSPA website for available resources.

What is the community like?

At Queen’s, graduate students from all disciplines learn and discover in a close-knit intellectual community. You will find friends, peers and support among the graduate students enrolled in Queen’s more than 130 graduate programs within 50+ departments & research centres. With the world’s best scholars, prize-winning professional development opportunities, excellent funding packages and life in the affordable, historic waterfront city of Kingston, Queen’s offers a wonderful environment for graduate studies. Queen’s is an integral part of the Kingston community, with the campus nestled in the core of the city, only a 10-minute walk to downtown with its shopping, dining and waterfront. For more about Kingston’s history and culture, see Queen’s University’s Discover Kingston page.

Application FAQs

What do I need to know to APPLY?

ACADEMIC REQUIREMENTS
- Master’s degree in Psychology from a recognized university.
- Grade requirements: minimum B+ average.

ADDITIONAL REQUIREMENTS
- Statement of Interest
- Two academic references
- If English is not a native language, prospective students must meet the English language proficiency requirements in writing, speaking, reading, and listening. The following minimum scores are required: (1) TOEFL iBT: Writing (24/30); Speaking (22/30); Reading (22/30); Listening (20/30). Applicants must have the minimum score in each test as well as the minimum overall score, or (2) IELTS: 7.0 (academic module overall band score and a 7.0 for each test band), or (3) PTE Academics: 65, or (4) CAEL CE -70 (minimum overall score).

KEY DATES & DEADLINES
- Application due: December 1.

Before you start your application, please review the Graduate studies application process.

What about FUNDING?

The minimum funding guarantee for Psychology PhD students is $23,000 per year, throughout years 1-4. Basic funding packages include a combination of fellowships, scholarships, and teaching assistantships.

Students are encouraged to apply for fellowship funding awards from the federal Tri-Councils research bodies and other sources. For more information, see the School of Graduate Studies and Postdoctoral Affairs’ information on awards and scholarships, or see Funding and Financial Support on the Psychology Department website.