# Nursing

## Get to know NURSING

There has never been a more exciting time to consider a Bachelor of Nursing Science degree! Nurses are among the most in-demand professionals in the health care environment. Along with enjoying a high degree of respect and trust from the public, students who graduate with a BNSc degree from Queen's enjoy a high employment rate both internationally and across Canada.

This professional degree program qualifies graduates to apply to the regulatory body of the province in which they plan to work, to secure registration to practice with the title "Registered Nurse". Our philosophy is that exemplary nursing practice is built upon the foundational blocks of both the sciences and arts. You will get to know faculty and your peers well, as our smaller class sizes and group settings allow for community building, mentorship, and collaboration. Students learn how to care for patients and their families in various settings, such as hospitals, long-term care, clinics, and the community. You will also engage in collaborative and team building opportunities with students from other Faculty of Health Sciences programs. Upper year students may also choose to complete their elective courses at Bader College during one spring session. Furthermore, Queen's BNSc degree options not only prepare you to become a capable practitioner in health care, but they also build a foundation for future graduate studies.

#### **Degree OPTIONS**

Bachelor of Nursing Sciences (4 Years) 123 credits

Bachelor of Nursing Sciences Accelerated Standing Track - AST (2 years) \* 90 credits

There are a number of pathways that applicants may apply under, including Equity Admission Self-Identification, Admission Pathway for Indigenous Students, and the First Generation



Queen's Nursing empowers our graduates to be health leaders and advocates.

Pathway (for students whose parents did not attend post-secondary).

\*Please note the AST program is only for those with previous university education. For more information on the AST program please see page three of this Major Map.

#### Queen's ADMISSIONS

Those applying to Queen's nursing from high school will do so through the OUAC (Ontario University Application Centre) website. Secondary School prerequisites include English 4U, Biology 4U, Chemistry 4U, and a 4U Mathematics course. Two additional U or M level courses are also required. A minimum grade of 75% is necessary in English 4U. Applicants outside of Ontario may have additional requirements. Applicants with previous university education looking to apply to the Accelerated Standing Track BNSc should follow the admissions process outlined on our website.

#### Course HIGHLIGHTS

The School of Nursing emphasizes an inter-professional approach to education. Nursing students will have the chance to work with students from across the Queen's Health Sciences and interact with a variety of health professionals.

All Queen's Nursing students receive instruction and practicums in the following areas:

- Community health promotion
- Pediatrics
- Maternity
- Acute and/or chronic care
- Mental Health

Students may apply for a final practicum anywhere in Canada.



Acquire Skills. Gain Experience. Go Global.

That is a degree from Queen's.

nursing.queensu.ca

2023-2024

# Nursing MAJOR MAP

BACHELOR OF NURSING SCIENCE

|                                | I 1ST YEAR                                                                                                                                                                                             | 2ND YEAR                                                                                                                                                                                                                                                     | 3RD YEAR                                                                                             |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
|                                | 131 TEAR                                                                                                                                                                                               | ZIND ILAK                                                                                                                                                                                                                                                    | SKD TLAK                                                                                             |
| GET THE<br>COURSES<br>YOU NEED | First year courses will cover many of the fundamentals of this professional program. We will register you in all of your required courses. You do not need electives in first year.                    | Second year continues to cover the fundamentals of nursing. Clinical placements start in second year. We will register you into your core courses.                                                                                                           | You will be prere<br>clinical placeme<br>theory courses.<br>electives (3.0 cre                       |
|                                | For an additional credential, consider applying to the <u>Certificate in Business</u> , the <u>Arts &amp; Science Certificates</u> , the <u>Certificate in Law</u> , or a <u>Dual Degree program</u> . | Take a total of 5 (3.0 credits each) electives while in the program. One 3.0 credit course fits into the Winter term of second year.                                                                                                                         |                                                                                                      |
|                                |                                                                                                                                                                                                        | >                                                                                                                                                                                                                                                            | >                                                                                                    |
| GET RELEVANT<br>EXPERIENCE     | Join teams or clubs on campus. See the <u>AMS</u> <u>Clubs Directory</u> or the <u>Queen's Get Involved</u> <u>page</u> for more ideas.                                                                | Look into <u>summer jobs</u> by talking to the dept.<br>or Career Services about work through <u>SWEP</u> or<br><u>Work-Study</u> .                                                                                                                          | Apply to be a res<br>faculty member a<br>Send a letter of in                                         |
|                                | Volunteer with the <u>Nursing Science</u> <u>Society</u> . Apply to be an orientation leader if interested.                                                                                            | Take leadership roles within different clubs or extracurriculars. Apply to be <u>a Student</u> <u>Wellness Services Volunteer</u> . Explore volunteer opportunities at healthcare agencies. Apply to be an <u>Peer Mentor</u> or a <u>Bounce Back</u> Coach. | jobs@queensu.ca<br>Apply for summe<br>agencies.                                                      |
|                                |                                                                                                                                                                                                        | Apply to work in the Nursing Simulation Lab. An email will be sent to students when positions become available.                                                                                                                                              |                                                                                                      |
| SET CONNECTED                  |                                                                                                                                                                                                        |                                                                                                                                                                                                                                                              | >                                                                                                    |
| WITH THE<br>COMMUNITY          | Volunteer on- or off-campus with different community organizations, such as nursing homes or in health care clinics across Kingston.                                                                   | Join professional associations such as the<br>Registered Nurses' Association of Ontario,<br>Canadian Nurses Association, and the Canadian<br>Nursing Students' Association.                                                                                  | Attend nursing t<br>your community<br><u>Nursing Student</u><br>CNSA conferenc                       |
|                                | Explore Kingston. Take part in community events, try local restaurants, and skate in Springer Market Square.                                                                                           | Attend nursing talks or conferences in your community such as the annual <u>Canadian</u> <u>Undergraduate Conference on Healthcare</u> (CUCOH).                                                                                                              | Volunteer with E<br>provide commu<br>activity opportu<br>disabilities.                               |
|                                |                                                                                                                                                                                                        | <u>&gt;</u>                                                                                                                                                                                                                                                  | >                                                                                                    |
| GET THINKING<br>GLOBALLY       | Speak to a QUIC advisor or get involved in their programs, events, and training opportunities.  Prepare for work or studies in a multicultural environment by taking QUIC's                            | Consider taking spring electives at a Medieval castle owned by Queen's in Herstmonceux, UK. Courses at the castle – named Bader College – are available to upper year students throughout May and June.                                                      | Build your interc<br>by getting involv<br>or by practicing (<br>language skills.                     |
|                                | Intercultural Competency Certificate, and research possible immigration regulations.                                                                                                                   | Consider taking a <u>Global Health elective</u> .                                                                                                                                                                                                            | Consider languaរុ<br>Arts and Science                                                                |
| GET READY                      |                                                                                                                                                                                                        |                                                                                                                                                                                                                                                              | >                                                                                                    |
| FOR LIFE AFTER<br>GRADUATION   | Questions about the program? Contact the Nursing Academic Advisor at <a href="mailto:nursing@queensu.ca">nursing@queensu.ca</a> . Start working on your professional portfolio.                        | Explore different career options through <u>Career</u> <u>Cruising</u> or by finding and connecting with alumni on Queen's <u>LinkedIn</u> . Attend Career Fairs organized by the Nursing Science Society.                                                   | Talk to professor<br>Nursing about ca<br>school options. F<br>please contact th<br>Coordinator at th |

#### How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don't have to do it all! To make your own custom map, use the My Major Map tool.

Coordinator at th grad.nursing@qu Work on your cu





#### R FINAL YEAR

preregistered into your ements and associated ses. There is room for 3 0 credits each) in this year. We will register you into all of your Fall term courses. There is room for your final elective in Fall term. In Winter term you can apply to take your final clinical placement (anywhere in Canada). You also take an online course.

Remember to apply to graduate on SOLUS.

eresearch assistant for a ber at the School of Nursing. of interest to nurs.apply. Su.ca.

nmer positions with health

Attend relevant conferences such as the annual conference hosted by the <u>Canadian</u> <u>Nursing Students' Association</u>.

Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you're lacking and fill in gaps with volunteering, or clubs- check out Career Services workshops for help.

ing talks or conferences in unity such as the <u>Queen's</u> <u>dent Conference</u>, RNAO, or rences.

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itercultural competence volved with other cultures ling or improving your lls.

iguage electives in various ence departments.

essors at the School of ut career and graduate ns. For more information, at the Graduate Program at the School of Nursing at acqueensu.ca.

ır curriculum vitae.

Become active in professional associations such as the <u>Registered Nurses' Association of Ontario</u>.

Join groups on LinkedIn reflecting specific careers or topics of interest in Nursing.

International students interested in staying in Canada can speak with an International Student Advisor.

Apply to jobs or future education, or make plans for other adventures. Get help from Career Services with job searching, resumes, interviews, grad school applications, or other decisions.

Speak to professors about being a referee for you, and provide them with your CV.

#### **Employability skills**

Your time at Queen's will give you valuable skills to boost your employability, including:

- Application of evidence-informed nursing interventions
- Understanding of ethical practices
- Specialized knowledge of the biological, social, and psychological factors involved in health
- Experiential learning all students will gain experience throughout all four years of the program
- Problem solving analyze the components of complex health problems and identify appropriate courses of action
- Decision making consider different sides of an issue and make decisions based on current information
- Ability to interact professionally with patients, families and other health care professionals
- Oral and written communication write reports and give presentations
- Organization and time management

#### Where could I go after graduation?

- Direct care/clinical nurse in:
  - Acute care setting
  - Community setting
  - Complex continuing care
  - Home care nursing
  - · Long-term care setting
  - Mental health nursing
  - Public health
- Health administration
- Health policy
- Health promotion
- Non-governmental organizations
- Occupational health and safety
- Research

Taking time to explore career options, build experience, and network can help you have a smoother transition to the world of work after graduation.

## Nursing



Get started thinking about the future now – where do you want to go after your degree? Having tentative goals (like careers or grad school) while working through your degree can help with short-term decisions about courses and experiences, but also help you keep motivated for success.

#### Get the help you need

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen's, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming living and learning environment offers the programs and services you need to be successful, both academically and personally. Queen's wants you to succeed! Check out the <a href="Student Affairs website">Student Affairs website</a> for available resources.



SCHOOL OF NURSING

Faculty of Health Sciences Cataraqui Building 92 Barrie Street 613.533.2668 nursing.queensu.ca

### **Accelerated Nursing Track**

Are you considering a career in nursing and have previous university education?

Enrolled in a university level program and looking to transfer to a nursing degree?

✓ Same degree

✓ Same courses

✓ Same clinical



For students with 10 full-year University courses and certain prerequisites.



Two calendar years in length including two summers.

The Bachelor of Nursing Science - Accelerated Standing Track gives you the opportunity to build on your previous education to get a head start on your nursing career. Clinical placements start in the winter term of your first year. You will have a placement in children's health, maternity, mental health, and with acute and chronic care adults. You will have clinical placements caring for patients of all ages and stages in life, in hospitals, public health clinics, and community agencies.

### Why study in Kingston?

For over 175 years, our community has been more than a collection of bright minds – Queen's has attracted students with an ambitious spirit. Queen's has the highest retention rates, the highest graduation rates, and one of the highest employment rates among recent graduates. We are a research intensive university focused on the undergraduate experience. The BBC has identified Kingston as one of the GREATEST UNIVERSITY TOWNS in the world – and it is often awarded the safest city in Canada. It is a university city at the core; just a quick drive to Toronto, Montreal, Ottawa and even New York. A university with more clubs

apita doser than you think per capita than any other university in Canada, and a city with more restaurants per capita than any other city in North America you will have the experience London / 7 hrs CANADA **Oueen's** of a lifetime at Beijing / 15 hrs Queen's - and Dubai / 14 hrs Calgary / 4 hrs Vancouver / 5 hrs graduate with a degree that Halifax / 2 hrs is globally San Francisco / 5.5 hrs recognized Denver/3 hrs New York / 1.5 hrs UNITED among STATES the best. Atlanta / 2 hrs Bermuda / 2 hrs