Psychology

Psychology is the study of mental processes and behaviour. Psychologists study relationships between brain function, behaviour, and environment. As a discipline, psychology explores a wide range of topics, including cognition, neuroscience, social influence, mental health, development, relationships, sensation, and perception, as well as the influence of factors such as gender and culture on these areas. Home to 35 labs, psychology students have the opportunity to work alongside faculty researchers and graduate students to gain valuable research training.

REASONS to study PSYCHOLOGY

- Evidence-based insights into how both environment and genetics influence the brain and behaviour.
- 2 Evidence-based practices in mental health that are grounded in science.
- Hands-on experiential learning opportunities in laboratory and field settings.
- Transferable critical thinking and research skills.
- 5 Skills that employers value, including teamwork, writing, and data analysis.

Alumni Story

"My degree in Psychology prepared me for further education and for the work force, and also gave me a deeper insight into the human psyche. This highly versatile, student-centred program provided opportunity for student leadership, departmental community, and involvement in current empirical research."

-Sam Bienias, BSCH '18

TOP ALUMNI JOBS

of alumni work in GOVERNMENT

of alumni work in BANKING, MARKETING & CONSULTING

13 % of alumni work in HEALTH CARE

38% of alumni work in

2023-24 Plan Thresholds

Thresholds are made on a competitive basis and are updated annually. To see the thresholds for all programs as well as the latest information, please visit quartsci.com/planselection

Interested in finding out how to augment your degree with Experiential Learning? Learn what opportunities and resources are available for you on the Experiential Learning website. You can also reach out to the team directly at asc.el@queensu.ca.

add a CERTIFICATE

Data Analytics

Disability and Physical Activity

Employment Relations

Entrepreneurship, Innovation and Creativity

French for Professionals

Geographic Information Science

Global Action and Engagement

Indigenous Languages and Cultures

International Studies

Media Studies

Sexual and Gender Diversity

Urban Planning Studies

QUartsci.com/certs

Acquire Skills. Gain Experience. Go Global.

That is a degree from Queen's.

queensu.ca/psychology

Psychology MAJOR MAP

BACHELOR OF ARTS (HONOURS): MAJOR, JOINT HONOURS, MINOR or BACHELOR OF SCIENCE (HONOURS): MAJOR, SPECIALIZATION, MIN

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	1ST YEAR	2ND YEAR	3RD
GET THE COURSES YOU NEED	In first year you will have the chance to explore the foundations of Psychology along with some electives. Attend Majors Night in the Winter term to learn more about Plan options. Want to make sure your academics are where you want them to be? Visit SASS (Student Academic Support Services) and the Writing Centre for some help. Interested in getting a head start in learning and working in a digital world? Take ASCX 150 and develop future-ready skills!	Start going deeper into the discipline of Psychology, while considering a minor and/ or certificate such as Global Action and Engagement. Learn more about Certificates and Internship options. Develop your entrepreneurial skills by participating in the Dean's Changemaker Challenge (ASCX 200/300).	A chang of inter explore an <u>Acag</u> track an next ye
GET RELEVANT EXPERIENCE	Join organizations on campus such as the Sexual Health Resource Centre and the Mental Health Awareness Committee. See the AMS Clubs Directory or the Queen's Get Involved page for more ideas. Get an upper year Peer Mentor in PSYC. Ask the PSYC Department Student Council (DSC) for details.	Look into summer jobs by talking to the Dept. about NSERC or Career Services about work through SWEP or Work-Study. Volunteer in a PSYC Research Lab. Apply to complete PSYC299: Introduction to Directed Research in Psychology. Attend workshops and training sessions offered to students through the CMHA.	If interestudent Conside internsh Take a F course f to be a f
GET CONNECTED WITH THE COMMUNITY	Volunteer on- or off-campus with different community organizations such as <u>Autism</u> Ontario Kingston, Big Brothers,Big Sisters KFL&A, Telephone Aid Line Kingston, and the Kingston Sexual Assault Centre.	Get involved with the Departmental Student Council (DSC). Think about applying to volunteer at the Peer Support Centre, Student Wellness Services, or other services. Be sure to read the weekly Departmental newsletters sent to you which include information about opportunities such as awards, job positions, and more! Start or continue volunteering with organizations such as Hotel Dieu Hospital and the Elizabeth Fry Society Kingston.	Do targin caree group C Services Connec workshione with
GET THINKING GLOBALLY	Prepare for work or studies in a multi-cultural environment by taking QUIC's Intercultural Competency Certificate and research possible immigration regulations. Speak to a QUIC advisor to get involved in their programs, events, and training opportunities.	Is an exchange in your future? Start thinking about where you would like to study abroad. Apply in January for a third year exchange through the International Programs Office. Attend Bader College in the U.K. for the winter term and take PSYC 335, PSYC 442, or PSYC480.	Get invoyour lai Pursue opporti
GET READY FOR LIFE AFTER GRADUATION	Grappling with program decisions? Go to Majors Night or get some help wondering about career options from Career Services. Build your transferable skills in time	Explore careers of interest through <u>Open</u> <u>Access interactive resources</u> and <u>Open Access</u> <u>Books</u> . You can also attend the annual Career Conference in Psychology in March, and visit Career Services to participate in Career Cruising.	Start fo educati interest require GMAT)

How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don't have to do it all! To make your own custom map, use the My Major Map tool.

management, problem-solving, writing, and

more with Student Academic Success Services.

School



, MINOR

RD YEAR

hance to start grouping courses in areas nterest, or to keep it more general and plore many areas of Psychology. Meet with Academic Advisor to make sure you are on ck and have planned out your courses for

terested, apply for an **Undergraduate** dent Summer Research Fellowship (USSRF).

ısider applying to do a 12-16 month QUIP rnship between your third and fourth year. e a PSYC 570/575 Special Directed Lab rse for further research experience. Apply e a PSYC 100 TA through PSYC 400.

targeted networking with alumni working areers of interest by joining the LinkedIn up **Queen's Connects**. Check out Career vices networking workshops.

nnect with professors at events or rkshops hosted by the DSC. Meet one on with professors or graduate students.

t involved with other cultures or improve ır language skills.

rsue Summer Internship/Work portunities with CIDA.

rt focusing on areas of interest. Research ucation requirements for careers of erest. If needed, prepare to take any juired tests (such as the GRE, LSAT or IAT) and get help thinking about Grad nool from Career Services.

4TH OR FINAL YEAR

In fourth year you will have the chance to participate in research-based courses that can lead to <u>Graduate School</u> or to your future career path. Make sure to finish up all your courses for your major and your optional minor and/or certificate(s).

Interested in working on a real-world problem with an actual client? Take ASCX 400 and develop your consulting and projectmanagement skills.

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Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you're lacking and fill in the gaps - check out the Career Services skills workshop for help.

Present your PSYC 501 research at lnguiry@ Queen's and your Thesis Poster at the annual Ontario Undergraduate Thesis Conference.

Consider joining professional associations, such as the Ontario Psychological Association, The Canadian Psychological <u>Association</u> or the <u>Canadian Counselling and</u> Psychotherapy Association.

Join groups on LinkedIn reflecting specific careers or topics of interest in Psychology.

International students interested in staying in Canada can speak with an International Student Advisor.

Volunteer with places like **Immigrant Services** Kingston & Area.

Apply to jobs or future education, or make plans for other adventures. Get help from Career Services with job searching, resumes, interviews, Grad School applications, or other

Apply for the **Queen's Career Apprenticeship**: Kingston (QCA:K).

What will I learn?

A degree in Psychology can equip you with:

- Knowledge of areas of Psychology such as perception, cognition, motivation, and childhood development
- How to design research studies and analyze quantitative data using statistical tests
- Knowledge of human and animal behaviour and mental processes
- How to evaluate scientific journal articles critically
- Oral and written communication to prepare and present reports from research
- Observation and decisionmaking
- Resource and time management
- Insight to deal effectively with people, show concern for and sensitivity to others
- Critical and inferential thinking to analyze and interpret information

Where can I go?

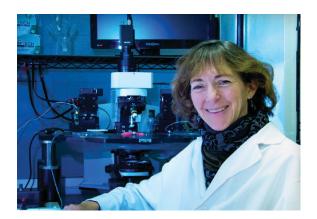
A degree in Psychology is foundational for many career paths. Many students choose to pursue their interests through graduate training. Our students are equipped to pursue many fields including:

- Advertising
- Child and youth care
- Clinical psychology
- Community development
- Counseling
- Data analysis
- Occupational therapy
- Psychological science
- Research
- Social work
- Speech language pathology

Taking time to explore career options, build experience, and network can help you have a smooth transition to the world of work after graduation.

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Psychology



Get started thinking about the future now – where do you want to go after your degree? Having tentative goals (like careers or grad school) while working through your degree can help with short-term decisions about courses and experiences, but also help you keep motivated for success.

Get the help you need

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen's, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources - our welcoming living and learning environment offers the programs and services you need to be successful, both academically and personally. Queen's wants you to succeed! Check out the Student Affairs website for available resources.



ARTS AND

Department of Psychology Humphrey Hall 235 62 Arch Street 613-533-2493 queensu.ca/psychology

QUIPQUEEN'S UNDERGRADUATE INTERNSHIP PROGRAM

START DATES

POSITIONS WORK TERMS

in May, September, or January

are paid and

are 12-16 months long

PROGRAM OVERVIEW

- Graduate with a "Professional Internship" degree
- Learn about current advances, practices and technologies in business and industry.
- Test drive a career, earn a competitive salary, and get real world experience.

ELIGIBILITY

- 2nd or 3rd Year Students
- Minimum GPA of 1.9



- Gain a year of career-related work experience.
- · Build network connections.
- Receive support from Queen's staff in job search and during internship.

SAMPLE PAST INTERNSHIPS



For more information, contact quip@queensu.ca or visit the Program Website.

Why study in Kingston?

For 175 years, our community has been more than a collection of bright minds -Queen's has attracted students with an ambitious spirit. Queen's has the highest retention rates, the highest graduation rates, and one of the highest employment rates among recent graduates. We are a research intensive university focused on the undergraduate experience. The BBC has identified Kingston as one of the GREATEST UNIVERSITY TOWNS in the world – and it is often awarded the safest city in Canada. It is a university city at the core; just a quick drive

warde quick drive than you t to Toronto, Montreal, Ottawa and even New York. A university with more clubs per capita than any other university in Canada, and a city with more restaurants per capita than any other city in North America - you will have London / 7 hrs CANADA Queen's the experience of a Beijing / 15 hrs lifetime at Queen's Dubai / 14 hrs and graduate Calgary / 4 hrs Vancouver / 5 hrs with a degree that is globally Halifax / 2 hrs San Francisco / 5.5 hrs Kingston recognized Denver / 3 hrs among New York / 1.5 hrs UNITED the best. STATES Dallas / 3.5 hrs Atlanta / 2 hrs Bermuda / 2 hrs