

Health Studies



Health Studies strives to understand the complex factors that influence physical, mental and social health and overall well-being. Drawing largely from social science disciplines, our courses explore the social determinants of health, approaches to health promotion, health policy, health behaviour change, epidemiology, and program planning and evaluation. You'll be expected to challenge yourself and to think critically about health in relation to social justice, politics and culture. And you will gain the skills you need to do that.

TOP 5 REASONS to study HEALTH STUDIES

- 1 Focus on social science perspectives of health and wellness. Students think critically about the social, political, psychological and cultural dimensions of health and wellbeing.
- 2 Tailored independent research opportunities, including a third-year placement in a research lab/program and an Honours thesis option.
- 3 We emphasize experiential learning and community involvement in our program, including an optional community-based practicum in a health related workplace.
- 4 We partner with the Queen's castle in England (BISC) to offer a third-year cluster of Health Studies courses, as well as, a spring program in Global Health and Disability.
- 5 We offer a capstone course in Health Program Planning and Evaluation to best prepare our students for a range of postgraduate paths.

alumni STORY

"The Health Studies program challenged me to think about health as more than just a physical condition, using the social determinants of health to better understand the complex factors that contribute to one's wellbeing. I have grown both academically and personally from my time in the program as a result of the accomplished faculty members, experiential learning opportunities, and environment that fosters a successful culture of learning."

- Sophie Leadbetter, HLTH '21

ALUMNI PATHS

Accelerated Nursing Track
Education
Epidemiology
Counselling Psychology
Health Administration
Health Promotion
Law School
Medical School
Occupational Therapy
Social Work
Public Health
Urban and Regional Planning

2021-22 major thresholds

Thresholds are made on a competitive basis and are updated annually. To see the thresholds for all programs as well as the latest information, please visit quartsci.com/planselection

add a **CERTIFICATE** to your degree

Data Analytics

Disability and Physical Activity

Employment Relations

Entrepreneurship, Innovation and Creativity

French for Professionals

Geographic Information Science

Global Action and Engagement

Indigenous Languages and Cultures

International Studies

Media Studies

Sexual and Gender Diversity

Urban Planning Studies

[QUartsSci.com/certs](https://quartsci.com/certs)

Acquire Skills. Gain Experience. Go Global.
That is a degree from Queen's.

queensu.ca/skhs

Health Studies MAJOR MAP*

BACHELOR OF ARTS (HONOURS): MAJOR, MEDIAL, MINOR

The coronavirus pandemic may impact how some activities are delivered in 2021-2022. Please check directly with the host of any activity on the map for the latest information.



Visit careers.queensu.ca/majormaps for the online version with links!

* This map is intended to provide suggestions for activities and careers, but everyone's abilities, experiences, and constraints are different. Build your own Major Map using our online **My Major Map** tool.

Health Studies

MAJOR MAP



How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don't have to do it all! To make your own custom map, use the My [Major Map](#) tool.

Get started thinking about the future now – where do you want to go after your degree? Having tentative goals (like careers or grad school) while working through your degree can help with short-term decisions about courses and experiences, but also help you keep motivated for success.

Get the help you need

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen's, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming living and learning environment offers the programs and services you need to be successful, both academically and personally. Queen's wants you to succeed! Check out the [Student Affairs website](#) for available resources.

QUIP QUEEN'S UNDERGRADUATE INTERNSHIP PROGRAM

START DATES
in May, September,
or January

POSITIONS
are paid and
full-time

WORK TERMS
are 12-16 months
long

PROGRAM OVERVIEW

- Graduate with "Professional Internship" on your degree.
- Learn about current advances, practices and technologies in business and industry.
- Test drive a career, earn a competitive salary, and get real world experience.

ELIGIBILITY

- 2nd or 3rd Year Students
- Minimum GPA of 1.9

WHY QUIP?

- Gain a year of career-related work experience.
- Build network connections.
- Receive support from Queen's staff in job search and during internship.

SAMPLE PAST INTERNSHIPS



For more information, contact quip@queensu.ca or visit the [Program Website](#).

Why study in Kingston?

For over 175 years, our community has been more than a collection of bright minds – Queen's has attracted students with an ambitious spirit. Queen's has the highest retention rates, the highest graduation rates, and one of the highest employment rates among recent graduates. We are a research intensive university focused on the undergraduate experience. The BBC has identified Kingston as one of the GREATEST UNIVERSITY TOWNS in the world – and it is often awarded the safest city in Canada. It is a university city at the core; just a quick drive to Toronto, Montreal, Ottawa and even New York. A university with more clubs per capita than any other university in Canada, and a city with more restaurants per capita than any other city in North America – you will have the experience of a lifetime at Queen's – and graduate with a degree that is globally recognized among the best.

We're closer than you think



SCHOOL OF
KINESIOLOGY AND
HEALTH STUDIES

Faculty of Arts and Science
SKHS Building
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queensu.ca/skhs