Why GRADUATE STUDIES in REHABILITATION SCIENCE?

Graduate programs in Rehabilitation Science at Queen’s University stress the multidisciplinary contribution of many health professions and disciplines to rehabilitation. The focus is on understanding how people who experience disability can be enabled to live full and satisfying lives as members of their community, considering a broad range of individual, community and societal factors. Students can expect to be introduced to a broad spectrum of rehabilitation related concerns including function and participation across a wide range of health conditions and disabilities (for example neurotrauma, mental health, intellectual disabilities), policy development, professional education, and interdisciplinary and intersectoral services. An innovative feature of this program is the interdisciplinarity which has attracted students from varied backgrounds including occupational and physical therapy, kinesiology, psychology, nursing, social work, sociology, law, epidemiology and others.

Why QUEEN’S?

The School of Rehabilitation Therapy at Queen’s University is committed to leading and inspiring positive changes that transform lives through rehabilitation research, education and practice. As part of this commitment, part of our core mission is to educate rehabilitation scientists who contribute to health and well-being globally through collaboration, creativity, and the discovery of new knowledge. We are recognized nationally and internationally for our excellent faculty, high-quality professional and research programs, and the ways in which our scholarship contributes to the lives of people affected by or at risk of disability.

RESEARCH Areas

- Human Mobility & Motor Control Across Lifespan
- Disability & Participation
- Workplace Health & Accommodation
- Moving Knowledge into Practice and Policy
- Health Professional Education
- Military and Veteran Health

We encourage you to identify an area of research interest and contact a potential supervisor before applying.

Visit the Rehabilitation Science website to read faculty profiles, and learn more about faculty members’ research areas. When you find a faculty member with similar research interests to yours, contact him/her and tell them about your interest in graduate work and related experience. This is also an opportunity for you to find out if the faculty member is accepting new graduate students to supervise.

“...If you are someone who thrives on developing your quantitative research skills, wants to understand the complexity of qualitative research, or would like to make an impact on our Canadian healthcare system then the Rehabilitation Science program is just for you! [The program] has broadened my scope in terms of the diversity of opportunities available to me – spanning anywhere from working in a traditional research facility conducting clinical trials to focusing my skills in the policy world and making a large scale healthcare change, to addressing barriers to health care and participation in the international context.”

– Kasha Pyka, MSc
Rehabilitation Science MSc MAP *

**GETTING STARTED**

***ACHEIVE YOUR ACADEMIC GOALS***
- Start with key priorities like developing your relationship with your supervisor, forming your committee, and doing your coursework.
- Consider how your course papers can contribute to your Master's thesis.
- Find your way through the academic process with help from departmental and Expanding Horizons professional development workshops, the department Grad Chair and the SGS Habitats.

***MAXIMIZE RESEARCH IMPACT***
- Start to think about the audiences for your research.
- If you will be continuing graduate studies, apply for funding from sources such as CIHR, SSHRC NEREC, OGS, the Heart & Stroke Foundation, CBOF, the Department of Defence and the American Cancer Society.

***BUILD SKILLS AND EXPERIENCE***
- Consider positions in student services, the SGS, or media outlets like the Queen's Journal, CFRC, and the SGS Blog. Look in the AMS Clubs Directory for more ideas.
- Serve on departmental, faculty or university committees. Talk to the program assistant for tips on getting involved.
- Check out professional development workshops from Expanding Horizons and the Rehabilitation Science Department.

***ENGAGE WITH YOUR COMMUNITY***
- Explore how you can connect with your community through experiential opportunities on- and off-campus.
- Consider volunteering with different community organizations aligned with the Rehabilitation Sciences, such as local hospitals, community services and associations that support people with disabilities and accessibility of community opportunities for all citizens.

***LAUNCH YOUR CAREER***
- Finding a career that fits starts with knowing yourself. Get help by taking a Career Services career planning workshop or meeting with a career counsellor. Check out books like So What Are You Going to do With That? or Planning a Scientific Career in Industry from the Career Resource Area for advice on various career options.
- Start reading publications like University Affairs and the Chronicle of Higher Education. Browse non-academic labour market websites. Stay on the lookout for special events like Graduate Student Career Forum to explore your career pathways.
- Check admission test deadlines if needed for further studies.

**INTERMEDIATE STAGE**

***WHAT WILL I LEARN?***
- A graduate degree in Rehabilitation Science can equip you with valuable and versatile skills, such as:
  - Knowledge and technical skills
  - Effective communication skills in multiple forms for diverse audiences
  - Information management: prioritize and organize and synthesize large amounts of information
  - Time management: meet deadlines and manage responsibilities despite competing demands
  - Project management: develop ideas, gather information, analyze, critically appraise findings, draw and act on conclusions
  - Creativity and innovation
  - Perseverance
  - Independence and experience as a collaborative worker
  - Awareness, an understanding of sound ethical practices, social responsibility, responsible research and cultural sensitivity
  - Professionalism in all aspects of work, research, and interactions
  - Leadership initiative and vision leading people and discussion

***WHERE CAN I GO?***
- A Master's degree in Rehabilitation Science can take your career in many directions. Many of our MSc students choose to continue their academic inquiry with a PhD. Our Master's students are equipped with a strong foundation for careers in:
  - Clinical/Program Research and evaluation
  - Academia (research and teaching)
  - Work with professional agencies and/or funding agencies
  - Program development at the local, national or international level
  - Policy development
  - International community based rehabilitation
- Taking time to explore career options, build experiences, and network can help you have a smooth transition to the world of work after graduation.

***WRAPPING UP***

- Complete your coursework, begin to research and write your Master's or thesis.
- Participate in the departmental seminar series (RHBS 803).
- Consider positions in student services, the SGS, or media outlets like the Queen's Journal, CFRC, and the SGS Blog. Look in the AMS Clubs Directory for more ideas.
- Serve on departmental, faculty or university committees. Talk to the program assistant for tips on getting involved.
- Consider joining one of the many professional associations related to disability and rehabilitation, such as the Canadian Association for Disability and Rehabilitation, the annual conference of Psychosocial Rehabilitation Canada, or Rehab Week.

- Complete publishing elements of your research. Learn from the Expanding Horizons Publishing workshop.
- Attend a major conference in your field, such as the International Conference for Physical Medicine and Rehabilitation, the annual conference of Psychosocial Rehabilitation Canada, or Rehab Week.
- Set up a meeting with the School of Graduate Studies for a Grad Chat to discuss your research interests.

- Attend or present at a graduate conference such as the Rehabilitation Research Colloquium, or the Canadian Student Health Research Conference.
- Consider participating in the 3 Minute Thesis (3MT) competition.
- Expand your research audience through social media such as Twitter or a blog.

- Start keeping an eportfolio of your skills, experiences and competencies.
- Use a Research Assistant or Teaching Assistant position to develop your research or teaching skills.
- For help with teaching, get support from the Centre for Teaching, and Learning. Enroll in SGS901 or the PUGI certificate for more professional development in teaching and learning.

- Practice articulating the skills you have been developing in settings outside the university, such as casual conversation, networking, and interviews. Get help from a Career Services workshop.
- Check out opportunities for extra training through CTL, Expanding Horizons, Mitacs, or other sources to boost your skills.
- Investigate internships from Mitacs and other sources.
- Do some targeted networking with people working in careers of interest, through Queen's Connect on LinkedIn, the Queen's Alumni Association, professional associations, and at conferences. Get help from a Career Services workshop.
- Consider joining one of the many professional associations related to disability and rehabilitation, such as the Canadian Association of Physical Rehabilitation and Medicine.

- Participate in your graduate and professional community through activities such as graduate student outreach programs, organizing conferences, and research groups.
- Prepare for work or studies in a multi-cultural environment by taking QUIC and Four Directions Aboriginal Student Centre's Training Certificate.
- If you are an international student interested in staying in Canada, consider speaking with an International Student Advisor.
- Complete and defend your Master's research thesis.
- Participate in the departmental seminar series (RHBS 803).
- Attend a major conference in your field, such as the International Conference for Physical Medicine and Rehabilitation, the annual conference of Psychosocial Rehabilitation Canada, or Rehab Week.
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Graduate Studies FAQs

How do I use this map?

Whether you are considering or have embarked on graduate studies at Queen's, use this map to plan for success in five overlapping areas of your career and academic life. The map helps you explore possibilities, set goals and track your individual accomplishments. Everyone's journey is different – the guide offers options for finding your way at Queen's and setting the foundation for your future. To make your own customized map, use the online My Grad Map tool.

Where can I get help?

Queen's provides you with a broad range of support services from your first point of contact with the university through to graduation. Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming environment offers the programs and services you need to be successful, both academically and personally. Check out the SGS HABITAT for available resources.

What is the community like?

At Queen's, graduate students from all disciplines learn and discover in a close-knit intellectual community. You will find friends, peers and support among the graduate students enrolled in Queen's more than 130 graduate programs within 50+ departments & research centres. With the world's best scholars, prize-winning professional development opportunities, excellent funding packages and life in the affordable, historic waterfront city of Kingston, Queen's offers a wonderful environment for graduate studies. Queen's is an integral part of the Kingston community, with the campus nestled in the core of the city, only a 10-minute walk to downtown with its shopping, dining and waterfront. For more about Kingston's history and culture, see Queen's University's Discover Kingston page.

Application FAQs

What do I need to know to APPLY?

ACADEMIC REQUIREMENTS

- Honours Bachelor’s degree or equivalent in Occupational Therapy, Physical Therapy, Psychology, Social Work, Kinesiology, Life Sciences or a related field. Contact the program director to discuss how your studies to date may be related to rehabilitation sciences.
- Grade requirements: Upper second-class standing (B+). The entire transcript is reviewed but particular attention is given to your last 20 courses and how well you have progressed throughout your academic career.

ADDITIONAL REQUIREMENTS

- Letter of Intent.
- Current CV including a list of all previous academic awards and publications (both abstracts and full papers).
- If English is not a native language, prospective students must meet the English language proficiency requirements in writing, speaking, reading, and listening. The School of Graduate Studies requires the following minimum scores: TOEFL (paper-based): 550, (2) TOEFL iBT: Writing (24/30); Speaking (22/30); Reading (22/30); Listening (20/30), for a total of 88/120 (applicants must have the minimum score in each test as well as the minimum overall score), or (3) IELTS: 7.0 (academic module overall band score), or (4) PTE Academics: 65.

KEY DATES & DEADLINES

- Application due: February 15th.
- Notification of acceptance: Early April.

Before you start your application, please review the Graduate studies application process.

What about FUNDING?

Master's students in Rehabilitation Science are offered a minimum funding of $7,500 per year. Apply for external funding from OGS, CIHR/NSERC and other sources. Queen's will automatically issue a $5,000 top-up to Master's winners of federal government tri-council awards. See the School of Graduate Studies' information on awards and scholarships for more.