Psychology is the study of mental processes and behaviour. Psychologists study relationships between brain function, behaviour, and environment. As a discipline, psychology explores a wide range of topics, including cognition, neuroscience, social influence, mental health, development, relationships, sensation, and perception, as well as the influence of factors such as gender and culture on these areas. Home to 26 labs, psychology students have the opportunity to work alongside faculty researchers and graduate students to gain valuable research training.

TOP 5 REASONS to study PSYCHOLOGY

1. Evidence-based insights into how both environment and genetics influence the brain and behaviour.
2. Evidence-based practices in mental health that are grounded in science.
3. Hands-on experiential learning opportunities in laboratory and field settings.
4. Transferable critical thinking and research skills.
5. Skills that employers value, including teamwork, writing, and data analysis.

“I my degree in Psychology prepared me for further education and for the work force, and also gave me a deeper insight into the human psyche. This highly versatile, student-centred program provided opportunity for student leadership, departmental community, and involvement in current empirical research.”

-Sam Bienias, BScH’18

Alumni Jobs

8% of alumni work in Government
9% of alumni work in Banking, Marketing & Consulting
13% of alumni work in Health Care
38% of alumni work in Education

2020-21 major thresholds

2.6 cGPA AUTOMATIC ACCEPTANCE min A- in PSYC 100
1.9 cGPA PENDING LIST min B+ in PSYC 100

Thresholds are made on a competitive basis and are updated annually. To see the thresholds for all programs as well as the latest information, please visit quartsci.com/planselection

That is a degree from Queen’s.
queensu.ca/psychology
Psychology MAJOR MAP *

BACHELOR OF ARTS (HONOURS): MAJOR, MEDIAL, MINOR or BACHELOR OF SCIENCE (HONOURS): MAJOR, SPECIALIZATION

2020-2021

---

**GET THE COURSES YOU NEED**

**1ST YEAR**

In first year you will have the chance to explore the foundations of Psychology along with some electives.

Attend Majors Night in the Winter term to learn more about Plan options.

---

**2ND YEAR**

Start going deeper into the discipline of Psychology, while considering a minor and/or certificate such as Global Action and Engagement. Attend Degree + in the Fall term to learn more about Certificates and Internship options.

Want to make sure your academics are where you want them to be? Visit SASS (Student Academic Support Services) and the Writing Centre for some help.

---

**3RD YEAR**

A chance to start grouping courses in areas of interest, or to keep it more general and explore many areas of Psychology. Meet with an Academic Advisor to make sure you are on track and have planned out your courses for next year.

---

**GET RELEVANT EXPERIENCE**

**1ST YEAR**

Join organizations on campus such as the Sexual Health Resource Centre and the Mental Health Awareness Committee. See the AMS Clubs Directory or the Queen’s Get Involved page for more ideas.

Get an upper year Peer Mentor in PSYC. Ask the PSYC Department Student Council (DSC) for details.

---

**2ND YEAR**

Look into summer jobs by talking to the Dept. about NSERC or Career Services about work through SWEP or Work-Study. Volunteer in a PSYC Research Lab.

Apply to complete PSYC299: Introduction to Directed Research in Psychology

Attend workshops and training sessions offered to students through the CMHA.

---

**3RD YEAR**

If interested, apply for an Undergraduate Student Summer Research Fellowship (USSRF).

Consider applying to do a 12-16 month QUIP internship between your third and fourth year. Take a PSYC 570/575 Special Directed Lab course for further research experience. Apply to be a PSYC 100 TA through PSYC 400.

---

**GET CONNECTED WITH THE COMMUNITY**

**1ST YEAR**

Volunteer on or off campus with different community organizations such as Autism Ontario Kingston, Big Brothers, Big Sisters KFL&A, Telephone Aid Line Kingston, and the Kingston Sexual Assault Centre.

---

**2ND YEAR**

Get involved with the Departmental Student Council (DSC). Think about applying to volunteer at the Peer Support Centre, Student Wellness Services, or other services.

Start or continue volunteering with organizations such as Hotel Dieu Hospital and the Elizabeth Fry Society Kingston.

---

**3RD YEAR**

Do large careers or Queen’s network

Connect hosted b or grad

---

**GET THINKING GLOBALLY**

**1ST YEAR**

Prepare for work or studies in a multi-cultural environment by taking QUIC’s Intercultural Competency Certificate and research possible immigration regulations.

Speak to a QUIC advisor to get involved in their programs, events, and training opportunities.

---

**2ND YEAR**

Is an exchange in your future? Start thinking about where you would like to study abroad. Apply in January for a third year exchange through the International Programs Office.

Attend the Bader International Study Centre in the U.K. for the winter term and take PSYC 335, PSYC 442, or PSYC480

---

**3RD YEAR**

Get into language

Pursue S CIDA. Tai Francopi

---

**GET READY FOR LIFE AFTER GRADUATION**

**1ST YEAR**

Grappling with program decisions? Go to Majors Night or get some help wondering about career options from Career Services.

Build your transferable skills in time management, problem-solving, writing and more with Student Academic Success Services.

---

**2ND YEAR**

Explore careers of interest by taking courses like PSYC 204: Applications and Careers in Psychological Science, attend the annual Career Conference in Psychology held in March, and visit Career Services to participate in Career Cruising.

---

**3RD YEAR**

Start foc educat needed, as the GI about Gi

---

Visit careers.queensu.ca/majormaps for the online version with links!
hance to start grouping courses in areas of interest, or to keep it more general and explore ny areas of Psychology. Meet with an Academic Advisor to make sure you are on track and have nned out your courses for next year.

In fourth year you will have the chance to participate in research-based courses that can lead to Graduate School or to your future career path. Make sure to finish up all your courses for your major and your optional minor and/or certificate(s).

Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you’re lacking and fill in the gaps – check out the Career Services skills workshop for help.

Present your PSYC 501 research at Inquiry@ Queen’s and your Thesis Poster at the annual Ontario Undergraduate Thesis Conference.

Consider joining professional associations, such as the Ontario Psychological Association or the Canadian Counselling and Psychotherapy Association.

Join groups on LinkedIn reflecting specific careers or topics of interest in Psychology.

International students interested in staying in Canada can speak with an International Student Advisor.

Volunteer with places like Immigrant Services Kingston & Area.

Apply to jobs or future education, or make plans for other adventures. Get help from Career Services with job searching, resumes, interviews, Grad School applications, or other decisions.

What will I learn?
A degree in Psychology can equip you with:
- Knowledge of areas of Psychology such as perception, cognition, motivation and childhood development
- How to design research studies and analyze quantitative data using statistical tests
- Knowledge of human and animal behaviour and mental processes
- How to evaluate scientific journal articles critically
- Oral and written communication to prepare and present reports from research
- Resource and time management
- Observation and decision-making
- Insight to deal effectively with people, show concern for and sensitivity to others
- Critical and inferential thinking to analyze and interpret information

Where can I go?
A degree in Psychology can take your career in many directions. Many students choose to continue their academic inquiry with a Master’s. Our students are equipped with a strong foundation for careers in:
- Advertising
- Child and youth care
- Community development
- Corrections
- Career counseling
- Occupational health and safety
- Occupational therapy
- Physical therapy
- Psychiatry
- Residential care
- Social work
- Speech language pathology

Taking time to explore career options, build experience and network can help you have a smooth transition to the world of work after graduation.

* This map is intended to provide suggestions for activities and careers, but everyone’s abilities, experiences, and constraints are different. Build your own Major Map using our online My Major Map tool.

The coronavirus pandemic may impact how some activities are delivered in 2020-2021. Please check directly with the host of any activity on the map for the latest information.
Psychology

MAJOR MAP

How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don’t have to do it all! To make your own custom map, use the My Major Map tool.

Get started thinking about the future now – where do you want to go after your degree? Having tentative goals (like careers or grad school) while working through your degree can help with short-term decisions about courses and experiences, but also help you keep motivated for success.

Get the help you need

Queen’s provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen’s, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming living and learning environment offers the programs and services you need to be successful, both academically and personally.

Queen’s wants you to succeed! Check out the Student Affairs website for available resources.

QUIP QUEEN’S UNDERGRADUATE INTERNSHIP PROGRAM

START DATES
in May, September, or January

POSITIONS
are paid and full-time

WORK TERMS
are 12-16 months long

PROGRAM OVERVIEW

• Graduate with “Professional Internship” on your degree.
• Learn about current advances, practices and technologies in business and industry.
• Test drive a career, earn a competitive salary, and get real world experience.

ELIGIBILITY

• 2nd or 3rd Year Students
• Minimum GPA of 1.9

WHY QUIP?

• Gain a year of career-related work experience.
• Build network connections.
• Receive support from Queen’s staff in job search and during internship.

SAMPLE PAST INTERNSHIPS

Planning Logistics Intern
Communications & Market Research Intern
Resource Conservation Technician
Game & Program Development Intern
Technical Writer
Economic Analyst

For more information, contact quip@queensu.ca or visit the Program Website.

Why study in Kingston?

For 175 years, our community has been more than a collection of bright minds – Queen’s has attracted students with an ambitious spirit. Queen’s has the highest retention rates, the highest graduation rates, and one of the highest employment rates among recent graduates. We are a research intensive university focused on the undergraduate experience. The BBC has identified Kingston as one of the GREATEST UNIVERSITY TOWNS in the world – and it is often awarded the safest city in Canada. It is a university city at the core; just a quick drive to Toronto, Montreal, Ottawa and even New York. A university with more clubs per capita than any other university in Canada, and a city with more restaurants per capita than any other city in North America – you will have the experience of a lifetime at Queen’s – and graduate with a degree that is globally recognized among the best.

We’re closer than you think.

QUEEN’S UNIVERSITY
Faculty of Arts and Science
Humphrey Hall 225
62 Arch Street
613-533-2493
queensu.ca/psychology