Society has become more aware of the seriousness of the environmental problems we face. Yet, at the same time, we have realized that the solutions are not simple. To work towards environmental sustainability, people need to understand the scientific basis of environmental problems. They also need to have expertise in planning, policy and other fields to deal with the social, economic and cultural complexities that surround them.

Note that degree requirements are revised regularly. The most current requirements, including course lists and options, are found in the Academic Calendar at: QUartsci.com/academic-calendar
### GET THE COURSES YOU NEED

#### 1ST YEAR
- In first year you will have the chance to explore the foundations of Environmental Life Sciences in biology, chemistry, geography and geology along with some electives.
- See the back page for specific courses to consider.
- Attend Majors Night in the Winter term to learn more about Plan options.
- Start going deeper into the discipline of Environmental Life Sciences, while considering a certificate such as International Studies. Attend Degree + in the Fall term to learn more about Certificates and Internship options.
- Want to make sure your academics are where you want them to be? Visit SAAS (Student Academic Support Services) and the Writing Centre for some help.

#### 2ND YEAR
- Look into summer jobs by talking to the dept. or Career Services about work through SYPF or NSERC.
- Take more responsibility within different clubs or extracurriculars. Consider volunteering at Student Wellness Services or other health centres.
- Consider getting involved with the Departmental Student Council (DSC).
- Start or continue volunteering with organizations such as the Canadian Undergraduate Conference on Healthcare (CUCOH).

#### 3RD YEAR
- Consider applying to do a 12-16 month QUIP internship between your third and fourth year.
- Consider entrepreneurial opportunities via programs like the Queen's Innovation Connector Summer Initiative (QICSi) and the Summer Company Program.
- Do targeted networking with alumni working in careers of interest by joining the LinkedIn group Queen's Connects. Check out Career Services networking workshops.
- Connect with professors at events or workshops hosted by the DSC.

#### 4TH OR FINAL YEAR
- Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you’re lacking and fill in gaps with volunteering, clubs, or internships — check out the Career Services skills workshop for help.
- Consider joining professional associations like the Analytical, Life Science & Diagnostics Association. Join groups on LinkedIn reflecting specific careers or topics of interest in Life Sciences.
- International students interested in staying in Canada can speak with an International Student Advisor.
- Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you’re lacking and fill in gaps with volunteering, clubs, or internships — check out the Career Services skills workshop for help.
- Consider entrepreneurial opportunities via programs like the Queen's Innovation Connector Summer Initiative (QICSi) and the Summer Company Program.
- Do targeted networking with alumni working in careers of interest by joining the LinkedIn group Queen's Connects. Check out Career Services networking workshops.
- Connect with professors at events or workshops hosted by the DSC.

### GET RELEVANT EXPERIENCE

- Join teams or clubs on campus such as the Synthetic Biology Organization, Queen’s First Aid or Universities Allied for Essential Medicine.
- See the AMS Clubs Directory or the Queen’s Get Involved page for more ideas.

### GET CONNECTED WITH THE COMMUNITY

- Volunteer on or off-campus with different community organizations, such as Let’s Talk Science (LTS), Queen’s Union on Tropical Access to Health, or local charities.
- Consider getting involved with the Departmental Student Council (DSC).
- Start or continue volunteering with organizations such as the Canadian Undergraduate Conference on Healthcare (CUCOH).

### GET THINKING GLOBALLY

- Prepare for work or studies in a multi-cultural environment by taking QUIC’s Intercultural Competency Certificate, and research possible immigration regulations.
- Speak to a QUC advisor to get involved in their programs, events, and training opportunities.
- Is an exchange in your future? Start thinking about where you would like to study abroad. Apply in January for a third year exchange through the International Programs Office.
- Build your intercultural competence by getting involved with other cultures or by practicing or improving your language skills.

### GET READY FOR LIFE AFTER GRADUATION

- Grappling with program decisions? Go to Majors Night or get some help wondering about career options from Career Services.
- Explore different careers of interest by reading books in the Career Services Career Advising and Resource Area, such as Academic to Biotechnology. For more information, connect with alumni on LinkedIn.
- Start focusing on areas of interest. Research education requirements for careers of interest. If needed, prepare to take any required tests (like the MCAT) and get help thinking about Grad School from Career Services.
- Apply to jobs or future education, or make plans for other adventures. Get help from Career Services with job searching, resumes, interviews, Grad School applications, or other decisions.