Get to know NURSING

There's never been a more exciting time to consider a Bachelor of Nursing Science degree! Nurses are among the most in-demand professionals in the health care environment. Along with enjoying a high degree of respect and trust from the public, students who graduate with a BNSc degree from Queen's enjoy a high employment rate doing what they have always done – caring for people and helping people care for themselves. The Queen's Bachelor of Nursing Science program offers two tracks of study: a four-year program for those entering from high school and an accelerated standing track (AST) for students from another university. Both prepare you to become a proficient practitioner in health care and build a foundation in science for graduate study.

Students learn how to care for patients and their families in various settings, such as hospitals, long-term care, clinics, and the community. Students may choose to complete their elective courses at Herstmonceux Castle during one spring session while others complete them during the academic year.

Queen's ADMISSIONS

Students apply to Queen's Nursing (QN) through the OUAC (Ontario University Application Centre) website. Secondary School prerequisites include English 4U, Biology 4U, Chemistry 4U, and a 4U Mathematics course. Two additional U or M level courses are also required. A minimum grade of 75% is necessary in English 4U. Applicants outside of Ontario may have additional requirements. For more information on the AST program and prerequisites, visit our website.

Please also see our website for the admission policy for Aboriginal candidates.

Course HIGHLIGHTS

The School of Nursing emphasizes an inter-professional approach to education. Nursing students will have the chance to work and interact with students and professionals across the range of health professions.

All Queen’s Nursing students receive instruction and practicums in the following areas:

- Community Health Promotion
- Management & Leadership in Health Care
- Maternal and Child Family Centered Nursing Care
- Medical and Post-Surgical Nursing Care
- Mental Health Nursing Care

Students may apply for a final practicum anywhere in Canada.

Be part of a tradition of Nursing excellence that is over 75 years old.
**MAJOR MAP**

**BACHELOR OF NURSING SCIENCE**

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### 1ST YEAR

- First year courses will cover many of the fundamentals of this professional program. We will register you in all of your required courses. You do not need electives in first year.
- For an additional credential, consider applying to the Certificate in Business, the Arts & Science Certificate, the Certificate in Law, or a Dual Degree program.

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### 2ND YEAR

- Second year continues to cover the fundamentals of nursing. Clinical placements start in second year. We will register you into your core courses.
- Take a total of 3 (3.0 credits each) electives while in the program. One 3.0 course fits into the Winter term of second year.

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### 3RD YEAR

- You will be preregistered into your clinical placements and associated theory courses. There is room for 3 electives (3.0 credits each) in this year.
- Attend nursing talks or conferences in your community such as the Queen’s Nursing Student Conference.
- Attend RNNAO or CNSA conferences.

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### FINAL YEAR

- We will register you into all of your Fall term courses. There is room for your final elective in Fall term. In Winter term you can apply to take your final clinical placement (anywhere in Canada). You will also take an on-line course.
- Remember to apply to graduate on SOLUS.
- Work on your curriculum vitae. Attend a workshop organized by NSS.
- Consider taking spring electives at a Medieval castle owned by Queen’s in Herstmonceux, UK. Courses are available to upper year students at the castle – named the Bader International Study Centre – are available to upper year students throughout May and June.
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### GET THE COURSES YOU NEED

- Focus on the required courses.
- Consider elective courses.

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### GET RELEVANT EXPERIENCE

- Join teams or clubs on campus. See the AMS Clubs Directory or the Queen’s Get Involved page for more ideas.
- Volunteer with the Nursing Science Society. Apply to be an orientation leader if interested.
- Attend nursing talks or conferences in your community such as the Queen’s Nursing Student Conference.
- Attend RNNAO or CNSA conferences.

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### GET CONNECTED WITH THE COMMUNITY

- Volunteer on or off-campus with different community organizations, such as nursing homes or in health care clinics across Kingston.
- Join professional associations such as the Registered Nurses’ Association of Ontario, Canadian Nurses Association and the Canadian Nursing Students’ Association.
- Attend nursing talks or conferences in your community such as the Queen’s Nursing Student Conference.
- Attend RNNAO or CNSA conferences.

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### GET THINKING GLOBALLY

- Speak to a QUC advisor or get involved in their programs, events and training opportunities.
- Prepare for work or studies in a multi-cultural environment by taking QUC’s Intercultural Competency Certificate, and research possible immigration regulations.

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### GET READY FOR LIFE AFTER GRADUATION

- Questions about the program? Contact the Nursing Academic Advisor at nursing@queensu.ca
- Start working on your professional portfolio (introduced in NURS 101).
- Read books in the Career Services Career Advising and Resource Area, such as 101 Careers in Nursing.
- Explore different career options through Career Counseling or by finding and connecting with alumni on Queen’s LinkedIn. Attend Career Fairs organized by the Nursing Science Society.
- Consider the Spring elective NURS 304 - Hospice Palliative Care Nursing.
- Talk to professors at the School of Nursing about career and graduate school options. For more information, please contact the Graduate Program Coordinator at the School of Nursing at grad.nursing@queensu.ca.
- Work on your curriculum vitae. Attend a workshop organized by NSS.
- Apply to jobs or future education, or make plans for other adventures. Get help from Career Services with job searching, resumes, interviews, grad school applications, or other decisions.
- Speak to professors about being a referee for you, and provide them with your CV.

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### Employability skills

Your time at Queen's will give you valuable skills to boost your employability, including:

- **Application of evidenced-informed nursing interventions**
- **Understanding of ethical practices**
- **Specialized knowledge of the biological, social, and psychological factors involved in health**
- **Experiential learning** - all students will gain experience throughout all four years of the program
- **Problem solving** - analyze the components of complex health problems and identify appropriate courses of action
- **Decision making** - consider different sides of an issue and make decisions based on current information
- **Ability to interact professionally with patients, families and other health care professionals**
- **Oral and written communication** - write reports and give presentations
- **Organization and time management**

### Where could I go after graduation?

- **Direct care/clinical nurse in:**
  - Acute care setting
  - Community setting
  - Complex continuing care
  - Home care nursing
  - Long-term care setting
  - Public health
  - Mental health nursing
- **Health administration**
- **Health policy**
- **Health promotion**
- **Non-governmental organizations**
- **Occupational health and safety**
- **Research**

Taking time to explore career options, build experience, and network can help you have a smoother transition to the world of work after graduation. Some careers may require additional training. Career paths are suggestions only.

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*This map is intended to provide suggestions for activities and careers, but everyone’s abilities, experiences, and constraints are different. Build your own Major Map using our online My Major Map tool.**

**Students in the AST: Take the same courses in a different order (excluding electives) over two calendar years.
How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions – you don’t have to do it all! To make your own custom map, use the My Major Map tool.

Get started thinking about the future now – where do you want to go after your degree? Having tentative goals (like careers or grad school) while working through your degree can help with short-term decisions about courses and experiences, but also help you keep motivated for success.

Get the help you need

Queen’s provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen’s, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources – our welcoming living and learning environment offers the programs and services you need to be successful, both academically and personally, and Queen’s wants you to succeed! Check out the Student Affairs website for available resources.

Accelerated Nursing Track

Are you considering a career in nursing and have attended another university program?

Did you not get accepted into nursing when you applied from high school?

There is another route for you:

- **Same degree**
- **Same courses**
- **Same clinical hours**

For students with 10 full-year University courses and certain prerequisites.

Two calendar years in length including two summers.

Clinical placements start in the winter term of your first year. You will have a placement in children’s health, maternity, mental health and with acute and chronic care adults. You will have clinical placements caring for patients of all ages and stages in life in areas such as hospitals, public health, clinics and community agencies (such as schools, flu clinics, and Alzheimer agencies).

See nursing.queensu.ca/undergraduate/AST for program details and admission requirements.

**Why study in Kingston?**

For 175 years, our community has been more than a collection of bright minds – Queen’s has attracted students with an ambitious spirit. Queen’s has the highest retention rates, the highest graduation rates, and one of the highest employment rates among recent graduates. We are a research intensive university focused on the undergraduate experience. The BBC has identified us as one of the GREATEST UNIVERSITY TOWNS in the world – and is often awarded the safest city in Canada. We are a university city at the core; just a quick drive to Toronto, Montreal, Ottawa and even New York. A university with more clubs per capita than any other university in Canada, and a city with more restaurants per capita than any other city in North America – you will have the experience of a lifetime at Queen’s – and graduate with a degree that is globally recognized among the best.