For more about Kingston's history, walk to downtown with its shopping, dining and culture, see Queen’s University’s waterfront. For more about Kingston’s history, walk to downtown with its shopping, dining and culture, see Queen’s University’s waterfront.
2019-2020

Nursing

MASTER OF NURSING (PRIMARY HEALTH CARE NURSE PRACTITIONER) (MN (PHCNP))

**YEAR 1**

**ACHIEVE YOUR ACADEMIC GOALS**
- Start with key priorities such as doing your coursework, collaborating with classmates on group assignments, and working with a preceptor in a clinical setting.
- Consider how your course papers can contribute to your clinical practice.
- Find your way through the academic process with help from your school and Expanding Horizons professional development workshops, the Associate Director (Graduate Nursing Programs) and the SGS Advisor.

**MAXIMIZE RESEARCH IMPACT**
- Complete a systematic review on a topic related to primary health care.
- Attend the Graduate Nursing Program Research Day.
- Attend and participate in graduate seminars such as Academic Series.
- Complete Course on Research Ethics (CORE).
- Set up a meeting with the School of Graduate Studies for a Grad Chat to discuss your research interests.

**MAXIMIZE PRACTICUM & PLACEMENT IMPACT**
- Actively participate in your clinical placements.
- Consider the skills and knowledge that would help you exceed in the primary health care nurse practitioner role.
- Participate in local continuing education opportunities and networking meetings, such as those hosted by the Limestone Nurse Practitioner group.

**BUILD SKILLS AND EXPERIENCE**
- Serve on school, faculty or university committees. Talk to the Associate Director (Graduate Nursing Programs) for tips on getting involved.
- Check out opportunities for extra training through the Centre for Teaching and Learning, Expanding Horizons, MITACS, or other sources to boost your skills.
- Use a Research Assistant or Teaching Assistant position to develop your research or teaching skills.

**ENGAGE WITH YOUR COMMUNITY**
- Consider volunteering with different community organizations, or local healthcare organizations and groups.
- Prepare for work or studies in a multi-cultural environment by taking the Intercultural Awareness Training Certificate hosted by QIRC and FDISC.
- Consider joining professional associations like the Nurse Practitioner Association of Ontario.

**LAUNCH YOUR CAREER**
- Stay on the lookout for special events like School of Graduate Studies Career Week to explore your career pathways.
- Check admission test deadlines if needed for further studies.
- Explore different careers of interest by reading alumni profiles on the SGS website, and using QueensConnects on LinkedIn to connect with Queen's alumni, or find alumni in various careers through Ask an Alum.

**YEAR 2**

**ACHIEVE YOUR ACADEMIC GOALS**
- Complete your coursework.
- Consider enrolling in additional electives that may benefit your career goals.
- Prepare to write the registration examination with the College of Nurses of Ontario.

**MAXIMIZE RESEARCH IMPACT**
- Consider publication options for your systematic review.
- Attend or present at the Graduate Nursing Program Research Day, the Annual Scientific Meeting of Health Sciences Research Trainees, or in biweekly Academic Series.
- Attend a major conference in your field, such as the Nurse Practitioner Association of Ontario Annual Conference or the Kingston Nursing Research Conference.

**MAXIMIZE PRACTICUM & PLACEMENT IMPACT**
- Actively participate in your clinical placements.
- Participate in local continuing education opportunities and networking meetings, such as those hosted by the Limestone Nurse Practitioner group.

**BUILD SKILLS AND EXPERIENCE**
- Start keeping an ePortfolio of your skills, experiences and competencies.
- Practice articulating the skills you have been developing in settings outside the university, such as casual conversation, networking, and interviews. Get help from a Career Services workshop.

**ENGAGE WITH YOUR COMMUNITY**
- Participate in your graduate and professional community through activities such as graduate student outreach programs, organizing conferences, and research groups.
- Do some targeted networking with people working in careers of interest, through QueensConnects, on LinkedIn, the Queens Alumni Association, professional associations, and at conferences. Check out Career Services networking workshops.

**LAUNCH YOUR CAREER**
- Participate in hiring committees and attend job talks. Start focusing on areas of interest. Research organizations of interest and start putting together your CV or resume for potential positions of interest. Get help from Career Services with Job searching, resumes, or interviews.

Visit careers.queensu.ca/gradmaps for the online version with links!

* This map is intended to provide suggestions for activities and careers, but everyone's abilities, experiences, and constraints are different. Build your own Grad Map using our online My Grad Map tool.

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