Psychology

How to use this map

Use the 5 rows of the map to explore possibilities and plan for success in the five overlapping areas of career and academics. The map just offers suggestions — you don’t have to do it all! To make your own custom map, use the My Major Map tool.

Get started thinking about the future now — where do you want to go after your degree? Having tentative goals (like careers or grad school) while working through your degree can help with short-term decisions about courses and experiences, but also help you keep motivated for success.

Get the help you need

Queen’s provides you with a broad range of support services from your first point of contact with the university through to graduation. At Queen’s, you are never alone. We have many offices dedicated to helping you learn, think and do.

Ranging from help with academics and careers, to physical, emotional, or spiritual resources — our welcoming living and learning environment offers the programs and services you need to be motivated for success.

Why study in Kingston?

For 175 years, our community has been the collection of bright minds — Queen’s has attracted students with an ambitious spirit. Queen’s has the highest retention rates, the highest graduation rates, and one of the highest employment rates among recent graduates. We are a research intensive university focused on the undergraduate experience. The BBC has identified Kingston as one of the GREATEST UNIVERSITY TOWNS in the world — and it is often awarded the safest city in Canada.

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2019-2020

Psychology MAJOR MAP

BACHELOR OF ARTS (HONOURS) or BACHELOR OF SCIENCE (HONOURS): MAJOR, MINOR

GET THE COURSES YOU NEED

1ST YEAR

In first year you will have the chance to explore the foundations of Psychology along with some electives.

Attend Major Night in the Winter term to learn more about Plan options.

GET RELEVANT EXPERIENCE

Join organizations on campus such as the Sexual Health Resource Centre and the Mental Health Awareness Committee. See the AMS Clubs Directory or the Queen's Get Involved page for more ideas.

Get an upper year Peer Mentor in PSYC. Ask the PSYC Department Student Council (DSC) for details.

GET CONNECTED WITH THE COMMUNITY

Volunteer on or off campus with different community organizations such as Autism Ontario Kingston, Big Brothers, Big Sisters KFL&A, Telephone Aid Line Kingston, and the Kingston Sexual Assault Centre.

GET THINKING GLOBALLY

Prepare for work or studies in a multi-cultural environment by taking QUIP's Intercultural Competency Certificate, and research possible immigration regulations.

Speak to a QUIP advisor to get involved in their programs, events, and training opportunities.

GET READY FOR LIFE AFTER GRADUATION

Grapple with program decisions? Go to Majors Night or get some help wondering about career options from Career Services.

Build your transferrable skills in time management, problem-solving, writing and more with Student Academic Support Services.

2ND YEAR

Start going deeper into the discipline of Psychology, while considering a minor and/or certificate such as Global Action and Engagement. Attend Degree + in the Fall term to learn more about Certificates and Internship options.

Want to make sure your academics are where you want them to be? Visit SASS (Student Academic Support Services) and the Writing Centre for some help.

3RD YEAR

A chance to start grouping courses in areas of interest, or to keep it more general and explore many areas of Psychology. Meet with an Academic Advisor to make sure you are on track and have planned out your courses for next year.

If interested, apply for an Undergraduate Student Summer Research Fellowship (USSRF).

Consider applying to do a 12-16 month QUIP internship between your third and fourth year. Take a PSYC 570-57T Special Directed Lab course for further research experience. Apply to be a PSYC 180 TA through PSYC 400.

Consider targeted networking with alumni working in careers of interest by joining the LinkedIn group Queen's Connects. Check out Career Services networking workshops.

Get involved with the Departmental Student Council (DSC). Think about applying to volunteer at the Peer Support Centre, Student Wellness Services, or other services.

Start or continue volunteering with organizations such as Hotel Dieu Hospital and the Elizabeth Fry Society Kingston.

4TH OR FINAL YEAR

In fourth year you will have the chance to participate in research-based courses that can lead to Graduate School or to your future career path. Make sure to finish up all your courses for your major and your optional minor and/or certificate(s).

Investigate requirements for full-time jobs or other opportunities related to careers of interest. Assess what experience you’re lacking and fill in the gaps – check out the Career Services skills workshop for help.

Consider joining professional associations such as the Ontario Psychological Association or the Canadian Counselling and Psychotherapy Association.

Get involved with the Departmental Student Council (DSC). Think about applying to volunteer at the Peer Support Centre, Student Wellness Services, or other services.

Start or continue volunteering with organizations such as Hotel Dieu Hospital and the Elizabeth Fry Society Kingston.

Consider applying to the Bader International Study Centre or graduate students.

Prepare for work or studies in a multi-cultural environment by taking QUIP's Intercultural Competency Certificate, and research possible immigration regulations.

Speak to a QUIP advisor to get involved in their programs, events, and training opportunities.

What will I learn?

A degree in Psychology can equip you with:

- Knowledge of areas of Psychology such as perception, cognition, motivation and childhood development.
- How to design research studies and analyze quantitative data using statistical tests.
- Knowledge of human and animal behaviour and mental processes.
- How to evaluate scientific journal articles critically.
- Oral and written communication to prepare and present research from research.
- Observation and decision making.
- Resource and time management.
- Insight to deal effectively with people, show concern for and sensitivity to others.
- Critical and inferential thinking to analyze and interpret information.

Where can I go?

A degree in Psychology can take your career in many directions. Many students choose to continue their academic inquiry with a Master's. Our students are equipped with a strong foundation for careers in:

- Advertising
- Child and youth care
- Community development
- Corrections
- Career counseling
- Career counseling
- Occupational health and safety
- Occupational therapy
- Physical therapy
- Psychiatry
- Residential care
- Social work
- Speech language pathology
- Taking time to explore career options, build experience and network can help you have a smooth transition to the world of work after graduation.

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My Major Map tool.

Visit careers.queensu.ca/majormap for the online version with links!

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* This map is intended to provide suggestions for activities and careers, but everyone's abilities, experiences, and constraints are different. Build your own Major Map using our online version.