Psychology is the study of mental processes and behaviour. Psychologists study relationships between brain function, behaviour, and environment. As a discipline, psychology explores a wide range of topics, including cognition, neuroscience, social influence, mental health, development, relationships, sensation, and perception, as well as the influence of factors such as gender and culture on these areas. Home to 26 labs, psychology students have the opportunity to work alongside faculty researchers and graduate students to gain valuable research training.
**Psychology MAJOR MAP**

**BACHELOR OF ARTS (HONOURS) or BACHELOR OF SCIENCE (HONOURS): MAJOR, MINOR**

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### GET THE COURSES YOU NEED

- **1ST YEAR**
  - In first year you will have the chance to explore the foundations of Psychology along with some electives.
  - Attend Majors Night in the Winter term to learn more about Plan options.

- **2ND YEAR**
  - Start going deeper into the discipline of Psychology, while considering a minor and/or certificate such as Global Action and Engagement. Attend Degree + in the Fall term to learn more about Certificates and Internship options.
  - Want to make sure your academics are where you want them to be? Visit SASS (Student Academic Support Services) and the Writing Centre for some help.

- **3RD YEAR**
  - A chance to start grouping courses in areas of interest, or to keep it more general and explore many areas of Psychology. Meet with an Academic Advisor to make sure you are on track and have planned out your courses for next year.

- **4TH OR FINAL YEAR**
  - In fourth year you will have the chance to participate in research-based courses that can lead to Graduate School or to your future career path. Make sure to finish up all your courses for your major and your optional minor and/or certificate(s).

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### GET RELEVANT EXPERIENCE

- **GET CONNECTED WITH THE COMMUNITY**
  - Volunteer on or off campus with different community organizations such as Autism Ontario Kingston, Big Brothers, Big Sisters KFL&A, Telephone Aid Line Kingston, and the Kingston Sexual Assault Centre.

- **GET THINKING GLOBALLY**
  - Prepare for work or studies in a multi-cultural environment by taking QUIP’s Intercultural Competency Certificate, and research possible immigration regulations.
  - Speak to a QUIP advisor to get involved in their programs, events, and training opportunities.

- **GET READY FOR LIFE AFTER GRADUATION**
  - Grappling with program decisions? Go to Majors Night or get some help wondering about career options from Career Services.
  - Build your transferrable skills in time management, problem-solving, writing and more with Student Academic Success Services.

- **WHAT WILL I LEARN?**
  - Prepare for work or studies in a multi-cultural environment by taking QUIP’s Intercultural Competency Certificate, and research possible immigration regulations.
  - Speak to a QUIP advisor to get involved in their programs, events, and training opportunities.

- **WHERE CAN I GO?**
  - A degree in Psychology can take your career in many directions. Many students choose to continue their academic inquiry with a Master’s. Our students are equipped with a strong foundation for careers in:
    - Advertising
    - Child and youth care
    - Community development
g    - Corrections
    - Career counseling
    - Career counselling
    - Educational technology
    - Occupational health and safety
    - Occupational therapy
    - Physical therapy
    - Psychiatry
    - Residential care
    - Social work
    - Speech language pathology
  - Taking time to explore career options, build experience and network can help you have a smooth transition to the world of work after graduation.

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Visit careers.queensu.ca/majormaps for the online version with links!

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*This map is intended to provide suggestions for activities and careers, but everyone’s abilities, experiences, and constraints are different. Build your own Major Map using our online My Major Map tool.*
Why study in Kingston?

For 175 years, our community has been more than a collection of bright minds – Queen’s has attracted students with an ambitious spirit. Queen’s has the highest retention rates, the highest graduation rates, and one of the highest employment rates among recent graduates. We are a research intensive university focused on the undergraduate experience. The BBC has identified Kingston as one of the GREATEST UNIVERSITY TOWNS in the world – and it is often awarded the safest city in Canada. It is a university city at the core; just a quick drive to Toronto, Montreal, Ottawa and even New York. A university with more clubs per capita than any other university in Canada, and a city with more restaurants per capita than any other city in North America – you will have the experience of a lifetime at Queen’s – and graduate with a degree that is globally recognized among the best.